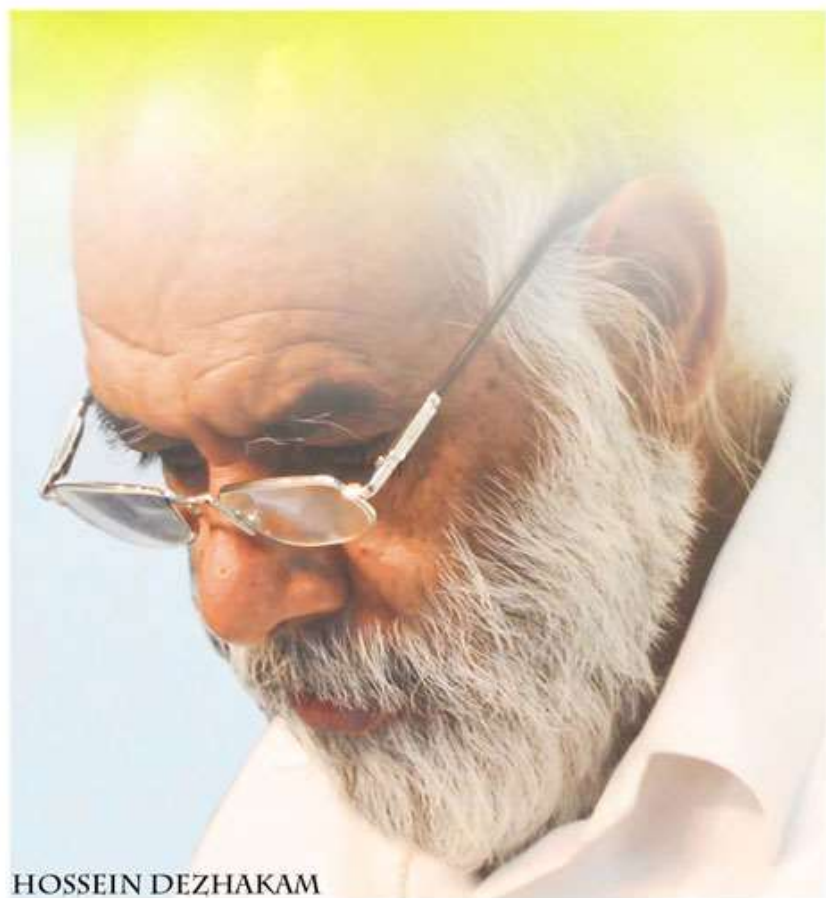


LOVE

FOURTEEN VALLEYS
TO KNOW THYSELF



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Preface

Addiction is an enduring worldwide phenomenon that transcends the boundaries of nation, culture, religion, politics, economics, race, gender and age. In the history of worldwide responses to the problem of addiction, one lesson is clear. When the wounds inflicted by addiction to alcohol and other drugs reach critical mass, new social movements rise from the ashes of that devastation to offer hope for recovery. These movements are often led by people who have achieved personal recovery from addiction. From the international dispersion of Alcoholics Anonymous and Narcotics Anonymous to indigenous recovery support societies such as the Swedish Links, Vie Libre in France, the Polish Abstainers Club, the Danshukai in Japan and the Pui Hong Self-Help Association in China, these movements have provided hope and mutual support for full and enduring recovery from addiction.

Today that recovery tradition is alive and growing in Iran. Since its inception in 1998 under the leadership of Mr. Hossein Dezhakam, Congress 60 has been at the center of thriving recovery communities in Tehran and other Iranian cities. Throughout Iran, former addicts and their families are discovering that they can achieve together what they were unable to achieve alone. People who were once a part of the drug problem are now becoming a key part of the solution to that problem.

In his latest publication, Mr. Dezhakam outlines the philosophy that guided his own recovery from addiction and

guided the recoveries of hundreds of others who have sought the support of Congress 60. In these pages, the reader will discover that recovery from addiction is a struggle to regain physical, emotional, relational and spiritual balance. The fourteen valleys discussed in this book provide a framework for rebuilding one's life and achieving such balance.

Love: 14 Valleys for Recovery is a testament to the proposition that recovery from addiction is far more than the removal of drugs from an otherwise unchanged life. It is instead a fundamental redefinition of one's identity, relationships and way of living. This book offers a map for achieving such a personal transformation that will be of interest to persons seeking recovery and to addiction treatment professionals throughout the world.

There are many pathways to long-term recovery from addiction, and all are cause for celebration. This book offers a pathway that promises blessings to individuals, families and communities wounded by drug addiction. The journey from addiction to recovery is not an easy one, but the paths are marked by those who have gone before.

This book will find two particularly appreciative audiences. For those seeking escape from the pain of addiction and the opportunity for recovery, these pages offer a needed balm and hope for wholeness. For seekers of truth wishing a deeper understanding of life and its purposes, these pages offer profound lessons drawn from the experiences of those who once courted death. Let the journeys toward health, wholeness and illumination begin.

- William L. White -

How the valleys came to be written

I was born in 1949 in a military family in Iran. My father was a professional musician and I started to learn the trumpet at the age of 13.

At 16 I played in local jazz groups of my hometown and that's when I was introduced to Hashish which I used occasionally.

When I was 19 I moved from Kerman, my birthplace, to Tehran, the capital city, to attend the University of Science and Technology in the field of electro technique.

I used to work throughout university years and my career as an engineer lasted for 28 years.

My education and work in the field of engineering had transformed me into a logical person having a scientific outlook on everything in life; especially because for almost 20 years I was in charge of repairing all kinds of telecommunication and industrial systems and sometimes I had to find the faulty wires from thousands of wires on the map. If I didn't find the problem the system wouldn't work.

The last 8 years of my career was spent on research and design of infrared electronic systems and after many years of management, I established a factory.

It was under these conditions that destiny got me involved in two games; I was a materialistic person who didn't believe in faith and God at all and only believed in things that I could see or touch or things that could be measured or proven by formulas and scientific tools. So with that kind of a personality I entered these two new phases of my life.

First; heavy addiction to alcohol and opium and second; research in the field of metaphysics or the unknown.

I read all the books that I could get my hands; all the holy books of different religions like the Bible, Quran and Hinduism, Buddhism and attended all kinds of sessions and meetings including exorcism or evoking a spirit, yoga, prayer session, hypnotism, going to the synagogue, church and temples and so on.

The results of all these adventures for me were more hard core addiction; if I didn't drink a whole bottle at nights I couldn't go to sleep and during the days I had to eat 5 grams of opium to be able to walk.

My trips of discovery had turned me into a messed up person who had constant nightmares and fought with all kinds of horrific creatures till morning and woke up screaming in the middle of nights.

As time went by as a result of addiction and mental and physical imbalance, I lost everything that I had worked for all my life including my business, factory and a few cars that I had owned. I was even arrested several times and sent to prison for a while.

The situation was extremely bad and I could not even afford the daily expenses of my wife and three children. Everyone refused to help me since I was an addict and creditors were always after me. So I went into hiding in a small city. It was a very difficult time in my life.

Since I had lost hope in all people I sought help from God. I went to sacred places and prayed tirelessly but to no avail. Neither my addiction was cured nor did the creditors go away.

I cried and cried to the Lord asking for his help with no result and gradually my addiction to alcohol became worse.

I lost hope in God as well until one day that I was in a cemetery in another city; I was sitting down, looking at the sky and singing this poem for him:

“I’m drunk and you’re crazy, who is going to take us home?

I told you a hundred times not to drink so much”

I told myself “Hossein! You’ve spent 14 years of your life searching for the unknown and you haven’t gained anything. Look at yourself and your current position; you wanted to ascent but you’ve crashed. Leave these childish games aside.”

I went to a sanctuary near the cemetery and saw a decent man there. He was about 60 years old, tall and calm.

I asked him: “I’m looking for a spiritual master.” He said: “Don’t search because you won’t find.”

Since I was very tired of the stupid games that I had played, I accepted his advice and the search for the unknown stopped.

My addiction began as a hobby and then transformed into full scale chronic use. For 17 years I was a professional addict; for the first 5 years I didn’t believe that I had any

problem but when I tried to stop using and experienced the difficulties, I realized how dependent I had become on drugs.

At that time my war on drugs began and I tried my very best to leave the dark world of drug addiction. I tried all the available methods to quit the habit but was unsuccessful. Each time that I tried to quit I became weaker and more miserable.

In those days I only wanted to stop using drugs whereas my mental and spiritual state had also been affected. I thought my only problems were drugs or alcohol and I should only refrain from them; I didn't pay any attention to the key issues surrounding addiction such as the cellular structures, manners of thinking and living and my worldview in general.

That's why my battle with addiction lasted 12 years and in this long, destructive battle I realized that I knew nothing about the enemy.

Addiction had invaded every cell of my body, every particle of my spirit and psyche and my mentality. Who am I fighting with? Am I fighting with myself? How could I fight with myself?

If I win this war with myself I'll probably destroy myself and if I run away from this battle, then all my life I'll have to run from myself. If I want to fight my ignorance and lack of awareness, they wouldn't perish by fighting. What should be done?

Make peace. Make peace with whom? With me, because this wasteful, destructive battle took its toll on me as each day went by until complete annihilation loomed on the horizon.

So I made peace with the fact that I use drugs till the day that I die and would never attempt to quit drugs again. I breathed a sigh of relief; as if a heavy weight had been lifted off my shoulders. I had surrendered unconditionally to addiction.

Before making peace with myself I used to think that everyone should help me with my problems up to a point that I believed that my friends and relatives should repay my debts to the creditors. However, upon the ceasefire with myself I concluded that I must rely only on myself and not on anybody else.

After a few days I told myself: “you use alcohol and opium at the same time; isn’t it better to choose only one of them and do it for the rest of your life?”

I accepted this bargain with myself and stopped drinking in a matter of a few days. It was interesting to note that after quitting alcohol, my opium consumption didn’t worsen and in fact, I became more alert and balanced.

After one week I left my hiding place and went back home in a real bad state. When my wife and three children saw me like that in the middle of the night, tears of joy and sadness rolled down their cheeks.

After a few days rest, I decided to go to work but I remembered that my office had been closed by court order. Since I needed to start from somewhere, every morning I

entered the office by the window and in the evening I did the same to get out of the office. After some time, having access to certain files and making some calls, I sorted out some of the problems.

An inner voice was telling me to at least organize my daily drug use, the amount and the timing of each dosage.

At first, it seemed impossible but I gave it a try anyway. I picked up a pen and a paper and after a few days I sorted out the amount of my daily consumption and the time of each dosage. The complete story has been published in my book called "Crossing the Zone 60 Degrees below Zero".

Thus with this journey of recovery and after 11 months I quit my addiction and in a feeling of serenity, I became free of drugs for good.

Many unknown issues became clear for me when I was active in the field of metaphysics. I had gotten to know three masters by the names of Sardar (general), white eagle, and Ra'd (thunder) who had different nationalities. However, I had no news from them for a long time. When I attempted to cure my addiction; suddenly they descended from the sky upon me and encouraged me on the path that I had taken.

They told me: "You must know that if God, religion, science, the journey to the unknown, and the metaphysics could not help humanity to lead a better life and only cause backwardness and ignorance, then they are nothing but a bunch of meaningless words."

They said: "First know the ignorance in order to realize the knowledge.

You denied the existence of the Supreme Power based on your false and biased perception; then accepted his existence based on your own illusion and then again denied him due to your chaotic mental state.

You must know that creation is based on precise and detailed planning and everything is where it should be; you don't even have enough knowledge about a cell in your body let alone yourself. You weren't even able to rule and control your own body and mind, then how could you make conclusions about the universe, creation and its creator.

We do accept that some people for the sake of worldly powers have made God exclusive only to themselves and recognize themselves as his rightful representatives; they have tarnished the image of humanity and have committed atrocities in his name. In fact, they have gone to such extents that when God's name is said, some people do not even want to hear it."

I said: "So, do you want to introduce me to God?"

They said: "No, never. We've got nothing to do with religion, nationality, race and sex. If you agree we wish to introduce yourself gradually to yourself so that you realize the inner forces and strengths within you; to teach you the path of right and positive thinking and lead you out of the darkness."

I said: “Why me? What benefits do I have for you? We’re not even related! Why are you willing to spend your time on me?”

They said: “teaching you has considerable benefits for us but we can’t tell you about it just yet since you won’t understand. Also these teachings are not meant only for you; you must write your learning and experiences and teach them to others.”

I said: “I think you’ve mistaken; I’m so dark that if you cleanse me with the water of all the rivers in the world, I won’t become white. I’m an addict, a drug addict. Do you know what that means? Now you’re saying that I’ll become a guide?”

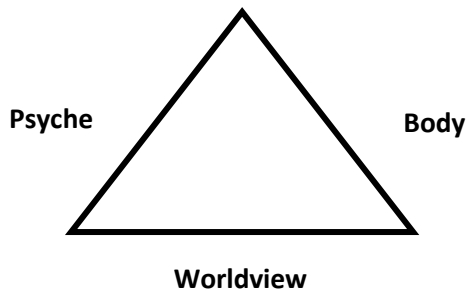
They smiled and said: “we know you better than yourself. We know your past history; what is in the commandment will be carried out.”

Even though all this was unbelievable to me I still accepted. Thus my trainings began and after a year I could leave the world of addiction and publish my first book.

The collection of my writings and teachings might be over thousands of pages and I’m gradually publishing them. However, I’m still learning because there are no limits for acquiring knowledge. As once said a notable person “from the time you’re in the crib till they put you in the grave, you must constantly learn”.

During my treatment I realized that to successfully treat drug addiction, besides the physical body and psyche; we must

pay attention to a third component called worldview which comprises of our perception, outlook and view towards life in general.



Of course, I believe that training in worldview for individuals who have not dealt with the issue of addiction can play a significant role in how they deal with life and its obstacles or successes.

I've designed 14 valleys for individuals to follow and carry out in their lives in order to leave negative thinking aside and implement a positive approach in life.

These valleys are in particular for the addicts and in general, for individuals who seek a better life.

The valleys have been written in a way that while reading them, they produce a sense of familiarity; as if the individual has known some parts of it beforehand. For example, the eighth valley "the path is revealed with progress" is agreeable to everyone.

When writing the valleys, I've tried to stay clear of limitations such as stereotypes, religion, race, nationality and cultism or any other kind of biases; I only share the truth that my masters have embarked on me.

I wrote the first six valleys in one year and the other eight valleys took 13 years to be written; I needed time to understand the key points in the respective fields.

It must be mentioned that my writings in the areas of the physical body, psyche and worldview; might have similarities or common grounds with the findings in medical science, psychology, sociology, philosophy and religion. However, I did not arrive at my conclusions through studying those sciences but upon enlightenment I realized them and then I began elaboration and explanation.

For example, someone who has never seen an apple sets out to study and research it in order to better understand its

nature and characteristics; he reads books to discover its taste, scent and color and arrive at the intended conclusions.

However, there is another way also; you have seen all kinds of apples, tasted them and understood its good and bad effects. Now you can write things on the description of an apple.

This is my way of access to the resources of knowledge because if the writer is not ahead of the subject, he cannot verify its truth.

In my journey into addiction and the unknowns I realized that I'm unable to amend my negative habits and attributes such as addiction, depression, anger, deception, hatred and ignorance by taking pills within a short period. This is because all my positive and negative attributes are the reflection of my thinking, beliefs, awareness or lack of and mentality which I've consolidated during many years.

I realized that positive change comes through a fundamental and gradual implementation of a set of decent principals which in turn would cause the transformation of my negative points and get me closer to the truth. Then I can enter a universe full of love and become a person who loves everything and everyone and others, him.

After arriving at my desired destination, I examined my safe passage and designated certain locations and named them valleys. I tried to illustrate the path in a practical manner using a simple language and make it accessible to all by eliminating any distractions, superstition and anxieties.

In this way everyone can obey their universal wisdom to attain awareness and start their journey out of the darkness.

The collection of the valleys never dictates or enforces any compulsions and always respects the will of the individuals; it does not ask them things which they cannot do.

The method of studying the valleys is simple; they must be implemented practically in life, studied in order respectively many times and the duration between each of them should not be less than 21 days. In this manner gradually all the ambiguities, superstitions and false beliefs will leave our mind and instead a correct and stable way of thinking comes into place.

In other words, the content of the valleys is not only for reading or knowing; it is to understand and apply in everyday life. If we know something and don't act upon it, it would lose its meaning and value.

The aim of the valleys is to bear the fruit of peace, happiness and serenity for humans; the valleys believe that happiness or misery of people depends on their perception and understanding of the universe surrounding them. All the troubles of humanity arise from lack of knowledge and awareness.

The valleys believe that some people have lost themselves within themselves and instead, they are searching for themselves in the outside world and with this kind of mentality they will never find what they're looking for.

If the connection of an individual with himself and his surroundings is based on truth, then there is hope for happiness and peace with creation.

Therefore the first valley starts with contemplation; maybe thinking seems like an easy or difficult thing to do but it is available to all without a cost and it is the key factor for the start of the journey from darkness towards light.

This valley states that everything in creation was started by an idea and that creation teaches us that one hour of positive thinking is more valuable than a thousand hours of worship.

In the second, third and fourth valleys the focus of thinking is clarified which prevents us from any sorts of deviation.

When the individual has passed the four cities or the four valleys he comes upon the fifth valley which has the message of action or practical implementation; it says that enough thinking has been done in the first four valleys, it's now time to act on those ideas and strategies. Real ideas must turn into action otherwise they're just mere fantasies.

In the sixth valley, wisdom and the commandment of intellect are discussed. Wisdom as the commander in chief is introduced whose orders must be obeyed implicitly. In this valley, we become familiar with some parts of our hidden attributes.

In the seventh valley, a significant theme is discussed and that is finding the right path. It reminds us of our numerous defeats despite our immense efforts due to moving in the wrong direction. In the eighth valley, after determining the

right path, we are given our marching orders and it tells us that the path will appear once the move is made.

Once on the way, we come across crucial points in the next valleys that help us in achieving our aim such as “the tolerance” in the ninth valley, “changing the past attributes” in the tenth valley, “becoming a roaring river and a gushing spring” in the eleventh valley, and “ultimately, the first command is carried out” in the twelfth valley.

In the thirteenth valley, we’re told that the end of each point is the beginning of another line; in other words, at the end of our journey and darkness, another journey begins in light and that we must prepare ourselves for the valley of love which is the fourteenth valley.

In the end, since the writing of the fourteenth valley or love was completed on March 5th 2010, on the suggestion of my masters we have declared this day as the day of love and loving of all humanity and creatures. This day will be celebrated by all members of Congress 60 every year.

How the valleys were translated into English

I don’t know if you believe in destiny but I do; because optimum conditions must be available for certain work in order to produce the best results alongside the key elements that have the capabilities. You might call this luck, but still it makes no difference as luck also has its own rules and regulations. Now, the whole story:

One day I received a surprise invitation from an organization called Meridian to attend a conference in U.S., due to long

holidays I couldn't get visa to attend the conference. However, they invited me to another conference in London and I left Tehran for England.

In the conference, there were many speakers from different countries and since I couldn't understand English very well I didn't get a whole lot from their presentations. Thus, instead of paying attention to their words, I observed their appearances like the color of their clothes, tone of their voice, the reception for the guests and the commotion in the hallway.

One day it was announced that a speaker from the United States was going to give his presentation. After a few moments, a man who was quiet tall with a calm, determined expression took the podium and began to speak. Suddenly the whole conference became so silent that even the noise of someone's footsteps could be heard in the Hall. He got my attention and his tone of voice stirred some emotions in me. I didn't understand any of his words but they had a good feeling in them. His voice sounded like a song to me and I listened with my whole being to his words even though I didn't understand his speech. I knew that whatever he was saying was true as everyone in the conference hall was listening with full attention to his speech and from the expression on their faces one could conclude that the speaker was presenting the truth.

After his speech ended, I went to him with an interpreter and had a brief chat with him and took his e-mail.

I returned to Iran after a few days and since then we are constantly in contact with one another. We gradually became

familiar with each other's writings and points of view. I was surprised to find out that even though we are from two different cultures and speak different languages, he can understand the finest layers of my writings; it was as if he knows everything that I see. Later on, he asked me to translate the 14 valleys before translating the other materials and I sent the translation of each valley upon completion; each time he encouraged me with his opinions and I requested his views on every topic.

This man is a wise and distinguished scholar in the field of drug addiction who has dedicated four decades of his life to research and study in helping human beings who are buried under the ashes of drug addiction. He is the author of many books and articles including 13 books and more than 300 scientific articles. This gentleman is no one but William L. White whom I'm sincerely grateful to for his assistance; if not for his advice and encouragements, the valleys wouldn't have been translated this quickly.

31/05/2010

Hossein Dezhakam

Love, fourteen valleys to know thyself

The first valley

All structures begin with contemplation; without contemplation, all that exist will decline.

In this valley, we should know how all beings come into existence or how they are created. The first step in creation is a thought or an idea; and this idea is the beginning of creation.

Therefore in order for all human beings to find themselves they need to ponder deeply and forces of inspiration, revival and motion also exist. In other words, everything is like a blank sheet of a drawing paper, and then little by little the image begins to appear and from its meaning appear the beautiful, ugly, good and bad.

“Therefore, one must first contemplate”

Now let us come back to the main topic:

For years we may have been struggling with problems and issues, knowingly or unknowingly makes no difference. The important point is that we want to find a solution for our problems and get rid of the problems monster that has destroyed our lives or is steering our lives toward destruction. Maybe our appearances have been affected, or there is anarchy and chaos in our lives.

At this stage we need to think where we are and where we want to go from here. In this valley, we don't want to make a quick decision to solve all of the problems right away, since we have done that many times and have been unsuccessful. Perhaps we did ask for help before but no one could help us.

At this stage we contemplate:

Do we want to think? What subject should we think about?
How should we plan and what thoughts should we avoid?

Maybe we imagine that we have always been contemplating, but difficulties and problems and its progress shows that we haven't been thinking right and have continued our lives with a wrong thinking or without thinking; and have lost or are losing all material and spiritual assets that we have. Maybe we didn't lose anything but we are not at peace and lack of peace is steering our lives toward destruction.

We have to devise a careful plan to defeat our problems; a precise, calculated plan, with no turning back.

We don't want a sophisticated plan, just a doable plan to solve our problem slowly. We have to be realistic about our approach towards solving our problems. We know that our will power alone cannot be enough to fight off our problems. For example, in order for us to climb a high tree or to walk on a rope at height our will alone is not sufficient; but we know that we can become capable of doing what mentioned before if we learn how to do some moves simultaneously and correctly.

For instance, to do the above mentioned, we must strengthen our bodies, and learn the proper skills, we must be motivated with a true goal, and we must exercise.

If we can't think properly at this stage, we can consult with others, but we must make the final decision ourselves. This would give us the necessary confidence we need.

However, let's not forget the supreme power that observes the creation at all times. Our universe is a very sophisticated creation and a supreme power controls all the details, at every step of the way. This force automatically guides all beings towards their own intentions and desires. If an individual wants to move towards darkness and vice, the beyond force guides him, and if he wants to head for purity and goodness, he will be directed and supported respectively.

Maybe some of us don't have faith in this force, but if we look deep within our hearts, we can feel its presence; seek and we shall find the force which can have a key role in curing our diseases and to help us manifest from our problems.

It depends on us whether we demand it or not!

That force will help us, regardless of our demand, because we are moving toward righteousness. The only difference between asking and not asking is an inner feeling of an oriflamme which can have a great supportive role. That force is functioning automatically regardless of our language, race or the skin color because:

The most virtuous humans are the closest to this force.

The Second Valley

No creature comes into existence without a purpose; none of us are insignificant even if we think of ourselves as that.

We are happy that we are continuing our battle to achieve a good result, and our internal world transforms into a developed city where all beings move towards the supreme power. We had lost our direction for the reasons that we might not be aware of. To find our true selves, we have an important path ahead of us, we have to

contemplate and try hard to achieve our aim.

In continuation, our efforts lead to a point where nothing can weaken our abilities. We have to collect lights that shine from each point, each sparkle leads to great brightness and the Supreme Power is clearly visible in all of them. None of us are worthless even if we think of ourselves as that.

All themes are inside and outside of us just like volcanoes, peaceful and silent. We know what happens if we stimulate them, especially in the righteous direction. You know well that images are being produced, they are far from realization, yet they are spring like seas. We hope that you always choose the best.

If we have contemplated enough in the first valley, it might have become clear that we have lost many things in life, or

are losing them at the moment, and they might be material or spiritual. perhaps we are familiar with these terms: enmity, humiliation, envy, fear, illness, divorce, separation, psychosomatic diseases, irresponsible, selfish... it doesn't make any difference whether we are educated or not, whether we are rich or poor, young or old, man or woman.

What matters most, is that due to a wrong attitude or being in a wrong path we have created problems around us. And another key point is that wrong thinking can harm our body and emerge as variety of psychiatric or physiological illnesses.

Because of those problems and illnesses maybe some of us think that life is over for us and there is no more hope and nothing matters any more, our life is pointless, our birth is useless and many other such views to sink more into darkness. This is a sign of losing confidence and surrendering to annihilation but if we look at the entire universe, we realize that nothing in this creation is without a purpose, even if we think that something is useless, it is a false perception, and we haven't been able to understand the philosophy of its creation. For example, if you look deeply at a worm, you realize the importance of its creation, and yet we are human and we are far more and greater than a worm!

When the human being came into existence, the supreme power guided him to a cross road: one is the path to darkness and the other is the way towards light (glory). Generally, human beings experience darkness and vices in order to realize virtues.

However, if the man goes into the darkness, he has to pass through difficult tests in order to be ready or to realize the light. And if he could pass through those hardships, then he will be released and wise.

This is very important that in this universe we are not alone and without support, and a great and amazing force which is called the supreme power or God exists. This force can help and support us, but becoming eligible for its supports has a specified procedure and the initial condition of this very procedure is to avoid vices and to walk the righteous path.

Another crucial point is that some people might say that they don't believe in a superior force that's not a problem and we can choose what to believe, but we should think that we don't even know a tiny cell in our body and its full essence, function, etc. for instance; what happens if a tiny jamming occurs to a blood vessel at the direction to heart or brain?! So before we choose that we don't believe it is better to contemplate and respect the existence philosophy of ourselves and others. We must know that we didn't come into existence randomly or without purpose.

The philosophy of our creation and existence is so great and continually that we haven't realized a tiny portion of it. We must be hopeful that:

“Lost Joseph will return to Canaan, do not grieve”

And also we must be hopeful that the end of a dark night is a dawn.

Now in order to be like a worthy ruler who rules over his kingdom (body), we must start making progress in three aspect: our body, psyche and worldview step by step and slowly. We must consider that:

No creature comes into existence without a purpose; none of us are insignificant even if we think of ourselves as that.

The Third Valley

We should know that nobody is concerned as deeply as a human being for his true self.

With the beginning of life in this valley we have a fresh start which will steer us toward peace and comfort. We hope that by observing the nature you arrive at vast

dimensions, like musical sounds shine in your universe so that you find the key to your prime road.

We know very well that if a person himself doesn't search for the real subject, all the experts in the world can't help him.

It is understood from the above that to overcome our problems we play the most important role and if we assume that others should solve them for us, we are making a big mistake. It is our own responsibility and we must think of a solution ourselves along with the support of our family and friends. We must remember that we are playing the first role in our life and we must solve our problems. If we have physical, mental, psychic, emotional or economic problems we must contemplate what is the true meaning of these pains and sufferings?

One meaning is that we haven't perform well in past and knowingly or unknowingly we have made mistakes and our current statues is rooted in seeds that we have planted and watered with our own hands before. If so then this is obvious that today we are confronted with whole lots of toxic plants.

Anyhow, this question is raised that what we should do now?

Should we say that we must lie on the bed we have made?
Or can we change that?

Yes, we can change that!

Because we should know that nobody is concerned as deeply as a human being for his true self, this means that from now on we will start solving our problems with contemplation and contraption slowly.

Another meaning could exist that we assume our problems which we are struggling with nowadays, are exist regardless of our own labor. Like diseases which were passed to us by gene or other illnesses that we had no role in them.

Anyway the question is still what we should do?

1. This is my fate, God has written it for me, or this is my luck and nature has rolled the dice for me.
2. This is my parent's fault they brought me to this world with an imperfect gene. Why was I born in this problematic family?
3. This is others fault or living procedure fault, others made these problems for me. Or such things.

Anyway two roads are derived from the above mentioned:

First; grin and bear it! Let's hope that someone else or God will solve our problems, and if not so then no one is safe from our obloquy.

Another attitude is that we should know that nobody is concerned as deeply as a human being for his true self. We must start solving our problems with contemplation

and patience step by step and never lose hope, dawn will emerge after darkness.

Now in order to get out of the problems dead-end and march toward peace, comfort and health we must identify the capabilities of our selves and also forces of destructive and deterrent forces must be known. We must know that devil will enter our thoughts with compassion and it will take the **best approach** into our intellect in order to hunt our essence and turn us into a ruin.

In this fight, sometimes the evil forces, gravitation of negative forces or negative people surrounds us and they start infusing us with their negative signals. We are confronted with a powerful enemy which is invisible.

These negative inspirations will have us let go of everything and to await death in our solitude.

We can accuse others and obloquy earth and heaven all along.

We must consider that this kind of attitude is not capable of reducing our pains or to cure us but it will guide us toward deeper darkness and a swamp.

Now let's take a deep breath and contemplate, let's us expect nothing from others and stand fast and say: tall trees die standing!

Let's not quit trying until the last moments of our lives and try to solve problems with hope. Despair brings grief which will eat us like a termite.

To remove barriers we must act slowly and without precipitancy. The ladder that we climbed through time must be descended slowly and step by step.

The derived conclusions of these valley are as below:

1. We must take responsibility for our life, job and problems
2. We must accept all the hardships
3. We must try fully to solve our problems with contemplation.
4. We must benefit from righteous people consulting, but final decision is ours to make.

The Fourth Valley

In vital matters, leaving the responsibility to God means neglecting one's own responsibility.

In this valley we will try to shed light on the borders between our vital matters, supreme power position or responsibility regarding these matters and our own position and responsibilities.

Our perception and realization of God or the supreme power behind creation can be different from each other.

At contemplation valley which includes the first, second and the third valley; it was discussed that the major part of our living responsibility is on our own shoulders.

One kind of evasion is to neglect our responsibility and leave it to God as a divine, symbolic and theosophical movement and out of our indolence. "God you are supreme and great we depend on you so that you may solve our illnesses and problems", we might say!

Do we believe that God exists to clear our debts? To take money from someone else and give it to us! Or if I did a crime and I was arrested and sent to jail, God or supreme powers must bring me out of that jail? Or I can rest and God will take care of my family expenses? And many other issues and problems that we are asking God to solve for us!

It is like God and supreme forces are our servants and we are planning for them and telling them what to do and what not to do!

I think that sometimes we mistake God with the Aladdin's enchanted lamp!

Perhaps some of us believe in luck instead of God, I must say that we cannot depend safely on luck. We must depend on ourselves if we are to succeed. I believe if we do our part then we can ask for God or supreme power support or then we can wait for luck.

This is essential to know that the divine hands only inspire and the rest is up to us. Unfortunately sometimes our expectations of supreme power are not logical, perhaps it is because that our knowledge of supreme power is inaccurate.

When the creation of human being was completed, this new creation was steered toward a crossing, and he was given the power of will to choose.

One road is integrity, peace and virtue.

The other road is vices, falsity, abomination and obscenity.

Then he demarked and specified the end of each road.

Now if we believe in supreme power existence then we know that he has announced in many divine books: the responsibility of our deeds are ours to bear.

How is it that we are trying to pass our lives obligations to God?

Isn't this escaping our living responsibilities?!

Now this question may be raised, that what is the role of prayers?

In response it must be mentioned that we believe, the prayers will be effective if we walk the righteous path and obey the God's commands. We must accept the obligations of our living and never quit trying then our prayers will be effective because this is God's promise.

Perhaps our theory about God and the forces behind creation is not just. Because if we have known that force correctly we wouldn't steer our life to agitation, illness or any other trouble.

Now that we want to know this supreme power, let's gain a rather true cognition. Some of us may be extremists and impugn or accept some matters out of ignorance and without thinking. One day we are a votary and the next day we are impious and we call it intellectualism! And then we assume that inwards are superstitious and noodle but we are wise. Millions don't understand but we do! Never mind!

This supreme power or the former of the universe is so great and powerful that we can't see him, it is like we are standing on earth but we can't see it.

Anyway, in order to realize this force passing our own gates is mandatory, in other words, initially we must get to know ourselves. If we know ourselves then we will realize that force certainly, and as we start knowing this great force we can make positive changes in our lives.

Therefore in this valley we are trying to discover the human's essence:

The human essence is divided into two parts: the first is the body (physique) which is visible and the second is the spirit (energy). Millions of cells that make up the body will perish after death, but the spiritual essence is released as a form of energy and will travel to a designated destination. If we look deep within ourselves we can locate a center of energy within us, assuming we aren't involved with material, possessions and prestige, which are not compatible with the actual purpose of our creation.

Following wisdom's command can lead us towards realizing the mysteries of our inner and outer essence and also the secret of other universes parallel to ours. External universes do exist but only when the internal eye has been opened to them and this happens for individuals obedient to the supreme force. Other creatures do not have the luxury of this divine gift and anyone who aspires for this gift need the divine grace alongside a refinement process which is not easy at all.

Creation is so diverse in other universes that is hard to imagine and that's why it is unbelievable. We have not been

able to comprehend even the slightest details of it; therefore, we try to realize ourselves, the true self. To understand human being, there are certain attributes of it that are visible and we can see them with physical eyes, we use the following terms to describe it:

Human's visible attributes or the body:

The body or the human's visible attributes which is called the inner city or the first body is visible for us, we are capable of feeling and touching it. Some examples of these physical attributes are: brain, heart, kidneys, hands and the five senses that are made up of small particles called cells and each cell itself is like a huge city and other complicated systems which are beyond our comprehension.

Human's invisible attributes or the external essence:

Just like the first body or the physique that is made up of many components, the second body or psyche is also made up of certain components. They are the self, out of body sensations, wisdom, spirit, virtual body, archives and so on. Now in order to shed light on this matter let's define self and its evolution:

What defines the existence internally and externally is self; in other words it is the main identity or foundation of every creature; it defines the essence or existentiality of that being internally or externally, in awakening and sleep, in physical world and hereafter. Self is not physical body nor spirit.

For instance: a plant's self is what creates that plant or the animal's self gives existence to that very animal or human's self is what made the human.

The self has desires which can come under two categories: irrational desires and rational desires.

Each human's self is in a level or a rank based on his desires and knowledge, let's give a brief explanation of these levels or ranks:

The lower self

The last stage in evolution of animal's self is the first stage that humans experience, because when an animal like a sheep is hungry and sees a plant, that very animal will follow instinct to eat that plant without thinking. Therefore at this stage self of human is working based on his instincts and desires without thinking about consequences just like an animal does. Someone who experiences lower self: lies, cheats, kills and betrays with no feeling of guilt, and even thinks that he is smarter than others.

As mentioned these people are at the lower stages of evolution chain and most of their deeds are based on their own benefits and desires and are mostly irrational.

The human who is experiencing the lower self, desires to provide comfort in short term but in long term he will be faced with troubles, disaster, fiasco, confusion and depression. He has provided this for himself with his own hands indeed.

The middle self or the blaming self

If one passes the lower self and gains knowledge will enter the gates of the middle self.

The second stage is the blaming self, the self that does the inappropriate act but blames itself afterwards and feels guilty for instance: He lies and he regrets, he takes bribe and he feels sad, he uses narcotics and he suffers. This is experienced after one passes through the lower self and regrets irrational behavior.

It must be pointed out that passing through the lower self and inception of the middle self is not like a point in which transforming happens in an instant.

Losing all traits of the lower self and getting fixed at the middle self is a process which happens gradually.

Anyway exiting the lower self and entering the middle self (the blaming self) is a progress itself in evolution and knowledge direction which is valuable.

The higher self or the perfected self

One may enter the gates of perfected self with self-purification and gaining proper knowledge.

One who is experiencing this stage usually doesn't do any irrational act, not in awake nor in sleep, not in public nor in private. It is because his desires are mostly rational.

Entering the perfected self is priceless and is above angel's position. One who is at perfected self has been invited to the special heaven by God.

Result:

We accept the responsibility of our life and we try as hard as we can to reach our goals and we are certain that supreme power will guide and support us in this path.

God helps those who help themselves

We have come to this conclusion, one who is obeying the irrational desires of his self, even if he prays all day long asking God to resolve his personality's defects nothing will happen. It is like turning left with a car when the right indicator is on!

This makes no sense if someone moves toward vices and yet he asks supreme power to guide him to the righteous path.

Isn't it credulity to escape our responsibilities and pass it along to others or God?!

Accepting the responsibilities of living is a very important law in all the stages of life, it makes no difference being in low self or perfected self.

Therefor it is said:

In vital matters, leaving the responsibility to God means neglecting one's own responsibility.

Who must accept the responsibility in order to get closer to the wisdom command, human or God?!

Isn't it true that God brought us from the highest of the high to the lowest of the low in order for us to realize the wisdom's command and attain the highest peaks of evolution and to reach peace?

If we move toward our rational desires we must know that this supreme power will help us, we ask and we shall receive.

Assume that our cable is attached to God and we must move toward the source to keep this connection.

God is closer than we think.

The Fifth Valley

Cognition alone is not the ultimate approach to problem solving in our world. It will be completed with experience and achievement.

When we are looking at sea, we see water or waves. Or when we are looking at sky, we are seeing a cloudy or a sunny sky. Or when sun hides behind mountains so that creatures could rest we can see the sky full of stars. But what if our perception goes beyond these, then what would we see?

This is true about human being. When we are looking at a human being we can see a body which moves and talks and is fat or skinny, is white, black, yellow or red. **But if only we could go beyond this exterior** then we would see the unimaginable greatness.

Let me ask a simple question, how many worlds do you think a human being is living at while he is living on planet earth?

You would say one world undoubtedly. But if we pay attention then we would realize that in this very earthly living, some other worlds exist simultaneously.

First: the vale, which is sensible for us all and we are living at this world consciously.

Second: the sleeping world in which apparently we are living in it unconsciously.

Third: intellectual world. Some other types of living do exist but are unbelievable, for instance seven bodies which belong to seven skies.

For now let us focus on the intellectual world.

The intellectual world is the basis and the living practice and planning in order to live on vale or other worlds happens in it. By thinking that was debated before we do construct the structures of our planning.

For instance, when we decide to eat a sandwich, initially the “how to?” plan must be constructed at our mind.

Sometimes along the planning we realize that we are out of money, or perhaps there is no fast food around us, if so the structure that we were constructing will decline and other options will begin to emerge at our mind.

Anyway in order to eat sandwich or any other type of food considering two points is mandatory:

1. Thinking and constructing the proper algorithm at our mind.
2. Implementation of that very algorithm.

It would be more enjoyable with a beverage of course!

Therefore we won't get any good result in this valley if we are incapable of transforming our intellectual algorithms into acts. In other words if we are to enjoy the eating of a

sandwich, the image at our mind must be carried-out. As they say: wishes won't wash dishes!

Thus at this valley our main practice is to carry-out rational thoughts. If we are to transform our rational thoughts into acts we must get rid of anxiousness, fear, low self-stem, despair and other negative measures in order to step into bliss. For stepping into the blissful state, refinement must be started from ourselves and we must consider three principles always which are true thoughts, true words, and true deeds. True thought will result in true words and true words will steer us toward true deeds or peace.

Knowing is worthless if we are incapable of acting upon that knowledge.

There are many people who know a lot about many things, they have memorized many quotes and poems, they are familiar with many schools of thoughts and schools of theosophy, and they believe they are judicious! Yet they are unable to use their knowledge!

Their story is similar to that man who had thousands gold coins and yet he was starving! ... Never mind!

As we know there is only one way to clear a dirty water which is filtration, therefore transforming an unbalanced human into a balanced one requires purification; In other words moving away from disvalues to the righteous path.

There are steps which needs to be taken in order to quit anxiety, worry, despair, illness and etc. let's discuss these steps briefly.

1. Turning away from vices:

When human's psyche or spirit is polluted with vices, it becomes restless. Therefore we must turn away from vices.

What are the vices?

Firstly, if anyone thinks honestly he would know what acts are counted as values and what acts are not!

Secondly, disvalues may differ in different cultures for instance: drinking alcoholic beverages. Therefore culture and laws of any society plays a role in knowing values from disvalues.

Now let's mention some of disvalues which are accepted universally:

Lie, steal, bribing, treason, doing drugs, backbite, false testify, abuse and etc.

2. Abstain:

If we are unsure about something in other words if we are not certain what we are about to do is a value or a disvalue, in this case commonsense says we must abstain from doing that act.

3. Contentment:

Nature is our mother, we must learn from it. We must learn how to create best from simplest facilities. For instance: nature creates the most beautiful flowers, and the most delicious fruits out of fertilizer, dust and water.

We must learn how to create the best situation for living out of simplest things and simultaneously we must plan for strengthening our financial status.

Let me mention that we don't intent to be poor to the end of our lives, no, never! Someone who has something can become generous otherwise someone who is poor must take help from others. There is a huge difference between contentment and parsimony!

4. Patience:

Once more if we look at nature, we will learn that nature needs time to provide us with its productions, it needs different seasons, water, dust and proper temperature. Therefore it can be said that patience is: to cover time or to tolerate time while endeavoring after our determined goals. Sometimes being patient is so hard. But in the end patience is one of the necessities of living that we must learn. Success comes after patience every cloud has a silver lining.

5. Investigate, sentence, backbite:

Police officers and detectives who investigate cases in order to find criminals are being paid to do so and judges who sentence criminals are doing their jobs as well. They are respected for doing their legal jobs.

Now this question is arises, why some people investigate other's lives without being paid and they are nosy while they believe they are doing the right deed and that they are trying to help and they call themselves curious and gracious not nosy. After they collected some incorrect information about others then they sit on the judge sit and they commence the sentence and then they will carry out the pardon quickly! After that they lean to the rotten wall of backbite and start talking about others, one day this rotten wall will fall on them while they are preaching. They will search for the guilty while they don't know and they don't believe that the prime guilt is their own ignorance!

6. Saving:

Take care of the penny and the pounds will take care of themselves.

The life route is an unpredictable and flexuous one, we can smooth this road with savings. Savings fall into two categories spiritual and financial. We are talking about financial savings here.

Some would say I don't have two pennies to rub together!

Wisdom says, if we don't have a bread to eat and after a week one bread is gained we shouldn't eat the whole bread and we must have some leftover for the next day.

Primarily, it seems that saving is for those who are not rich and rich people has no need for savings, but if we think enough we will understand that saving is a necessity for everyone.

We wouldn't realize the power and the miracle of saving unless we start doing it and we must teach it to our children.

7. Reliance, gratification, submission:

It is best for us to try hard in our lives and yet we rely on the supreme power and his guidance and grace. We must be satisfied with our fate truly.

If we could pass these two levels which are reliance and satisfaction we could enter the submission phase. In the gratification station we are satisfied with whatever that comes our way whereas in submission phase we have no wishes except the wishes of the supreme force, therefore we neither agree nor disagree with anything

Let us mention that to be in the submission phase is highly difficult but when someone is ready it would become easy, in other words this phase is hard for some people and simultaneously easy for some other.

We try to learn as much as we can from these stations and transform our structures from ideas to actions, from theory to practice.

The Sixth Valley

Wisdom's command, as the commander in chief, should be carried out accordingly.

In the evolution process, intellect operates on its own like a machine whereas spirit with its unique and gentle characteristics is led by intellect's will.

Wisdom is the most significant landmark in our journey of evolution which has neither a beginning nor an end and we must attain wisdom's command as it is essential in our path.

The universal wisdom is like the sun shining on everything and all creation including us. Humans are like houses that have outlets for sunrays to enter. The more cleansing we do the bigger the outlet becomes and in turn, our houses get brighter as the sun of wisdom shines through. However, if we move towards impurities then these outlets get smaller and darkness invades our being. Intellect is made up of particles that we are not familiar with and it is not made up of flesh and bones or other materials. That's why it is eternal and non-perishable and will not be destroyed after death.

A question comes to mind about the brain and its function. The answer is that brain is an interpreter for

intellect just like how tongue is the tool for speech or taste.

Intellect acts as a great ruler in our universe within or in our city of existence and it has received its throne from the supreme force. In other words it has the Divine Splendor and governs over our psyche. Obeying all the instructions and laws of this wise king can help us walk the righteous path and lead us towards a higher station in our journey of evolution, one day we will say be and it will be!

Or in other words, we would gain the ability to do as we command.

For instance: when we decide not to give up hope or to be positive or to stop doing a wrong deed we would succeed.

When life is not going according to our plans and we are about to do something wrong to escape that situation, an inner voice will be heard:

Don't give up, everything will be fine. This situation will be changed. Have faith, be patient, try harder and don't do this amoral deed!

Another voice is heard immediately:

Didn't I tell you that life is void and meaningless? It doesn't worth it. So what? Eventually death awaits for you. Death is better than living like this... and thousands more of these dark words which has no point but to steer our lives toward darkness and despair. Perhaps this voice would say:

Seize the day, nobody will ever know!!!

Now we know that the first voice was wisdom or our intellect and the latter is the voice of lower self (the condition of being pleasing or fulfilling to the senses)!

There is a constant internal battle between the higher self and the lower self and intellect knows exactly what the right decision is but the deception of our carnal desires are a great obstacle to overcome.

Now we compare our body to a city calling it the city of existence, which includes our cells, intellect and other attributes and we would give personalities to them in order to illustrate our point clearly.

In this city all kinds of humans exist; savage tribes, criminals, tyrants and cruel individuals as well as honest, decent and noble people. There is a council in the city where all the leaders of different communities gather and make decisions about the wishes of the people and then leave the final decision to the great ruler (intellect). If the ruler decides that the matter is in the best interest of the people, the rule is carried out.

However, when the council is under pressure from the bandits and criminals to make harmful decisions, the ruler doesn't allow that to happen. At this stage, the savage leaders who are always after satisfying their carnal desires unite with other vices and choose the lower self as their leader. Deceptive imaginations constantly invade the mind and lies and deception become the strategy for a coup against the ruler. In these conditions, the wise ruler is taken down from his position of authority and lower self takes over as the illegitimate ruler. Now, the city enters into a state of

chaos and anarchy and the destruction begins. This goes on until one of the virtuous leaders starts to blame and criticizes the current government. This leader is the conscience or the middle self and reduces the rate of destruction. This leader takes over the power from the lower self and the power is given back to the intellect once again, of course not the full power. And so the story continues and the conditions of the city improves, sometimes is good and other times is bad. Then comes a day when an outstanding individual from the council rises up to take over and his name is the higher self or reassured self. If one day the power is in the hands of the higher self then that day is the era of ultimate justice, peace and harmony, the day of intellect's command.

This story of coup against the intellect is our current situation. Since the lower self has taken over the affairs of our body (inner city), a great destruction on our body and psyche has taken place and the battle is in full force. Any time we decide to quit despair or wrong deeds, the lower self as the commander in chief creates deceptive images in our mind to force us into the despair. Anyhow there is only one way out: we must start implementing the wisdom commands. There is no need to do great things just simple orders of wisdom like: take a shower, takeout the garbage, save money, do not investigate others and etc. later on we will learn to carry-out bigger commands and let's keep this in mind that we will not become a worthy commander if we are not an obedient of wisdom initially. There is a distance like a string between the wisdom command and lower-self's command but this transformation would take thousands of years.

Let's carry-out the wisdom commands.

The Seventh Valley

The mystery and secret in discovering the truth lies in two factors: finding the right path and what we derive from it.

We focused on thinking at the four first valleys, at the fifth valley we learnt that we must carry-out our thoughts and at the sixth valley we recognized the wisdom's command.

Now we are at a stage that wisdom must discover unknowns so that we could find the correct path therefore in this valley we continue the discussion on finding the right path so that we realize its importance.

Many individuals have gone astray or their lives completely destroyed only because they weren't able to find the right path. Some of them were strong, determined individuals who

were eager to quit their problems but couldn't do so and at the end, some even committed suicide.

We can't really say that they didn't have will power or that they were aimless in life, it is just that their psyche and body were lack balance because they couldn't find the solution to their problems.

Finding the right path plays a unique role in solving our problems throughout our lives. Many entered different groups thinking that they have found the right path but they ended in slaughterhouse. They found out they have chosen wrong too late!

One of the most important issues is finding the right path therefore:

The mystery and secret in discovering the truth lies in two factors: finding the right path and what we derive from it.

Let's discuss the definition of some words of the above sentence:

Secret: hidden subject.

Mystery: something that is difficult to understand and we would learn it from signs.

Discover: to appear, to find.

Truth: integrity, accuracy, precision.

Therefore in order to find a secret which is hidden we must solve that very secret. In this case solving the secret is to find the correct path and to traverse that path to reach the truth or our goal.

In other words to unlock any lock initially we must find its key.

Now that we mentioned lock and key let's mention that lock makers are too many while key makers are rare.

To clarify the subject let's use an example: if we are in Tehran and we want to drive to Tabriz, initially we must find the suitable road and then we drive, it is obvious if we do not drive we wouldn't reach the goal which is Tabriz in this case.

Some of the people around us always consider this valley but some of them not. Let's assume that people are fallen into two groups, we are in one of these groups.

The first group is short-sighted people.

If we are located in this group, we would talk before we think. Or we start doing without thinking then we would face troubles. Therefore we are creating troubles for others and ourselves at all times. Our words are: sorry, I didn't know, it is not my fault, I assumed that you would have liked it, forgive me!

And sometimes we assume that shortest path is the best therefore we are waiting for someone to solve our problems,

cure our diseases or love failures with a tablet or an abracadabra! We should remember that:

Physician, heal thyself.

For instance: we would buy a treasure map from someone who is poor himself! Or we believe someone who has diseases himself can cure us with his energy! Why?!

Because we always start moving without thinking and finding the path, therefore we would find ourselves trackless.

The second group are the wise people.

They think before they talk. A wise person knows that the true treasure lies within himself, therefore he won't waste his time searching for other treasures. If we are located in this group then we surely know that the universe is filled with different energies but these energies won't be given to us easily just like the world's banks that are filled with money, gold and jewelries but these treasures are not ours.

A wise man believes that these energies are unknown to him therefore trying to reach them is like trying for a cheese in a mouse trap. He won't open his body or city of existence to variety of unknown positive and negative energies for he knows that these unknown forces will bring misery and destruction indeed.

A wise man knows that perhaps today some mentors and masters has access to these energies, but these mentors are rare, thus he won't try for them without proper study and knowledge.

A wise man knows that the righteous path is a path which will steer him toward the true destination. True destination can be heaven or a rational goal or discovering a truth.

Wise man knows that all the prophets and thinkers wanted to show the righteous path to mankind in order to lead them to a true destination which is prosperity, peace, bliss, truth and love.

What is the sign of a righteous path or a true path?

Finding the righteous path is important, but reaching the goal or destination is another subject. Therefore initially we must become certain about whether this path will steer us toward our goal or not?

Thus one of the signs of the righteous path is reaching our destination, so we must take a good look at those who are pioneers at this path, have they reached the destination? Are they in a good status now? Are they healthy or they reached nowhere?

The destination can be perpetuity or perdition.

In the righteous path, perdition is perpetuity of another kind indeed!

Some paths must be found by explorers and pioneers which has a different law.

During life span many things happens that we must respond to whether we want it or not. Sometimes not responding is a responding itself.

Our respond to these events is like choosing a path which will lead us to a destination. This destination could be a point filled with bliss, happiness, peace and love or on the contrary it could be a point like a storm or an earthquake which can harm us. Like a minor fight on a street or in a park!

The Eighth Valley

The path is revealed with progress.

The waves, crash on land like a whirlwind and take all that are precious as safekeeping and this is carried out only through Divine Command. Thus to those of you who have taken an oath, be in the contemplation of rising up from the earth and proceed to the commanded destination. Inaction creates nothing, everything takes shape with movement and then structures emerges and creatures are created so the travel in creation vortex can begin.

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When the supreme power created the human being, one of his favorite guardians who had a high position in the heavens opposed the divine command and refused to respect the status of this new creation and began a rebellion. Perhaps, the supreme power himself wanted this to happen. Nevertheless, this guardian or commander whom we refer to as Satan, thought with the power he had received from the supreme power he can rule the creation, therefore he asked for a respite to keep his power.

And so the supreme power gave him a deadline until the promised day and banished him from his court. Thereafter, he gathered a group of his supporters and made human beings his number one enemy. Then, the angle announced that he will use all his power to mislead humans from the right path and make them disobey the divine laws. Satan knew that human being is the only creature with free will and the gift of choice which means he can either choose the path of virtue, love, truth, compassion and honesty or the path of vice, crime, hate, corruption and bloodshed.

At this time, Adam and Eve were in heaven and soon Satan's conspiracy deceived them and they disobeyed the supreme power's commands. The supreme power questioned them about this and they apologized and said: "we made a mistake, please forgive us and we will make amends."

The supreme power accepted their apology and told them that they had to show their remorse in action. Thereafter, he gathered all the mankind who were in the heavens and told them: “I make a pact with all of you, am I your Lord? That means do you acknowledge that I am the supreme power, your Master and that you will obey all of my commands?” We all said “yes.”

The pact was made and the supreme power said: “go to earth and **the path is revealed with progress** but I warn you that Satan is your greatest enemy. Go and it shall be known in deed and direction which one of you are determined to keep this promise, that which one of you will obey the Satan whose appearance is beautiful and deceptive but has a terrifying nature, and which one of you will traverse the path of light and divinity. In the end, your position is determined and if you move in the right direction you can arrive at the initial point from which you have diverged and return to your Lord with honor and joy.

Although the point from which you started this adventurous journey is the same point that after many sufferings, adversities and joys, you will return to, but there is a sharp contrast between them. Because all the knowledge, awareness and teachings remain with you and they can be used to control the hidden aspects of one’s personality.

Go the path will be revealed with progress.

This valley of “**the path is revealed with progress**” is a universal law similar to Newton’s law and how beautiful a wise man described this law: Persian poem “if you are the man of battles, you must pass through the battle field filled

with blood; if your feet are tired you must crawl the rest of the way; you step on the path and don't say anything, the path itself will tell you how to continue the journey".

That's right; the path itself will tell you which way to go. Of course, we must emphasize that we need to plan and have a strategy for any journey and we can't just simply say we move forward and everything will fall into place. For example, how can anyone cross over a freezing mountain without a guide and equipments and finish the journey safely? Fortunately, we have the previous seven valleys in our backpack, like the first valley that says "structures are formed with contemplation" or the fourth valley which teaches us that "in vital matters, one must not leave the responsibilities to God."

This valley tells us that when we want to march toward a goal after gathering all the information about the journey, we shouldn't expect to know all the details as it is impossible to predict everything that might happen along the way. This means that what I imagine can be very different from reality and when theory is put into action many of our calculations could have a different outcome.

Therefore, in this valley we learn not to panic in these situations and rely on God and continue our journey and as we go further down the path, our destination will become clearer. Along the way, we might come across guides and friends who can assist us in our difficulties. For example, if we want to apply for a job, we have to leave home and go down to the office and fill up an application form, otherwise if we sit and wait for eternity nothing will happen by itself.

Let's discuss some important points:

1. The goal or the desire must be clear, sometimes we don't even know what we want along the way.

For instance: do I want to continue my education or not? Do I like that person or not? Do I want to get married? Do we want to get divorce? Do I want to save money? And thousands more desires which needs clarification in how to do and why to do!

2. When the goal or desire is determined, we must strive to reach that very goal, like a thirsty person striving for water. We must concentrate on that goal fully.

We must mention that reaching some goals requires great amount of time. Like planting a tree which needs caring through time.

3. Along the way we will be confronted with multiple ways. These ways are fallen into two major groups: values and disvalues, or vices and divine. The way will be picked due to wisdom or lack of wisdom. Consider this case: a fawn sees delicious herb away from the main road, changes his way without thinking and takes more and more distance from the main road, in the end he will find himself in a point which he didn't want, he has forgotten the main road.

We can mention other laws for movement, if our desire is to reach peace, love and bliss therefore we must pay our debts initially.

Paying back our debts to ourselves:

We may have done some damages to our body or psyche, initially we must forgive ourselves and try to make amends for those damages.

We must supervise ourselves, take a good look at yourself! Have we done any damage to our personality, body or psyche?

If the answer is yes, then we must try in fixing those harms.

Paying back our debts to our families:

What is the role of a father in a family? What about the mother role? The children role?

At the most of cultures father works outside of the house and the mother takes responsibility for the house keeping. Parents are responsible for raising children. But the children's responsibility toward their parents is not so clear.

In past children were working in farms alongside their parents and they had a great role in family. But nowadays the role of children in family is unclear.

Today's urban life has changed children to become receivers! They expect love and other things from their parents. Don't they have any obligations in family as well? If they have any do tell please!

Of course there are always those children who fulfil their responsibility toward their parents. But our discussion here is about that if we belong to the group in which we have done damages to our family we must make amends for them!

Paying back our debts to society:

We always have expectations of our societies and this is normal; but shouldn't we think about what society expects of us?

For instance: I have learnt my profession in a society and expenses of my education was paid by society, do I have the **permission to destroy myself? To kill myself?**

Let's pay attention to some basic points in a society:

Isn't throwing garbage in streets harming society? Isn't leaving our garbage in nature harming?

Perhaps some would say: they have destroyed hectares of jungles and now me throwing a little dump is harming?!

Yes! Leaving garbage in a jungle is harming indeed! Destroying hectares of jungles is betrayal and is a crime of course but let's remember that others wrong deeds is not a justification for us to do the same!

Thus, if we believe that we have damaged society and we want to make amends for them, initially we must stop doing more damages and then secondly we must start doing society valued deeds.

The pact

Carrying out this stage voluntarily is designed for individuals who have completed their first journey successfully and at least six months has passed from their redemption date. First, they talk to their guide and announce their eagerness to make the pact and then upon permission they can carry out the ceremony. Until further notice the permission is given only by the Guardian of Congress 60. Individuals who have quit drugs using the cold turkey method must have at least 18 months of sobriety.

Location of the ceremony: beside a river or a seaside or in a valley or a mountain

The starting time for the ceremony: 12pm (noon)

The finishing time of the ceremony: 4pm (afternoon)

Conditions of the pact

- 1- Cleansing of the body before leaving for the location of the ceremony, wearing clean clothes like a white shirt or a white scarf
- 2- No one else should be around us
- 3- No one should hear our voice
- 4- During the ceremony food and drinks must not be consumed

Equipments needed for the ceremony

- 1- A blanket to sit on
- 2- Pen and paper
- 3- Matches or lighter

The ceremony of the pact

The ceremony is divided into two sections:

- 1- Writing the list
- 2- Requesting from the supreme power

Writing the list:

The time to write the list is from noon to 1:30 in the afternoon and the time to read the list is from 1:30 in the afternoon to 2pm.

The method of writing the list: first, we pay our respect to the supreme power in whatever way we feel comfortable, and then we clarify our intention. Then, we write all of our actions that we think were inappropriate or bad (sins in the past) on a piece of paper and read it in a loud tone 3 times and then we ask God for guidance and forgiveness and we promise not to commit any more indecent, immoral and harmful deeds. We ask for opportunities to make amends and serving the humanity, especially substance abusers.

After contemplating for about one minute, we will burn all of our writings and scatter the ashes into water or wind. If there is any time left we spend it in solitude and silence and let our thoughts take us wherever they wish and we try not to resist them. At 2pm the first stage of the ceremony must end.

Request:

In this phase, we must write whatever we want from the supreme power for ourselves or others and any prayers we have, on a piece of paper and we promise to put all of our efforts in achieving these wishes as well. Afterwards, we read

these wishes and prayers 3 times aloud and we plead with the supreme power to comply our prayers. Then, we observe one minute of silence and then we tear that piece of paper into small pieces and slowly leave them to the wind or the river as they also have been the witness of our ceremony and our pact. Thereafter, we sit in silence until 4pm and let our thoughts take flight. At 4pm, we end our ceremony. We wish you the best and pray for us too.

Important point: you should carry out the ceremony in a manner that no one under any circumstances can come close to you or disturb you or read your list of wishes and confessions. This is a pact between you and the supreme power and no other being should know about this; even the closest people to you.

The Ninth Valley

Tolerance is built when a force begins at a low level and gradually increases.

This message is for those who have entered the new world and are aware of their true self. It is compulsory that you move from the state of words to the state of action

and pay attention to earth and sky. With your profound intellect have strong faith in the blessing of the heavens and know that your reward will assist you further. Hence, plant a precious seed or a valuable crop so as to gain enough food and also the comfort of a shade.

Therefore, do as the command says.

What does the command say: when human being was created and left the heavens and became a castaway on earth, he was a creature who had the highest intellect, more than any other animal and had the potential of all the virtues and vices in him. He was given free will so as to test him; therefore, he came to a crossroads in which he had to choose one of them, the way of the virtues or the path of vices. To make this crucial decision the supreme power provided man with two guides or two prophets, one internal guide which we can name intellect or wisdom and the other one, an external guide who are the messengers or prophets of the supreme power that came one after the other to demonstrate the way to salvation and freedom, to show where all the paths lead to and the characteristics of these two ways and where they could take us in the long run. So, what are the commands of the supreme power that are taught by his prophets?

The command says: do not lie, do not steal, do not give or take a bribe, do not backbite, do not interfere in personal matters of other people, do not practice usury, do not rape, do not taunt others, do not break a promise, do not oppress others, stay away from corruption, help those in need, do not look for flaws and weaknesses of others, do not take others' inheritance, help the orphans, donate money to charities and know that money is to provide comfort in life rather than stockpiling it for safekeeping and finally stay away from all kinds of intoxicants like alcohol, opium, hashish, heroin and psychedelic pills. An intoxicant is a substance that puts a veil on the personality, thought and consciousness and be aware that this is a great vice even though it is accompanied by a great sense of enjoyment and satisfaction. Generally, the path of vices seems very attractive and attainable and it feels as though we can achieve our goals much faster. It is like a poison that has a sweet taste and is placed in a golden jar and as soon as a person drinks it, it can cause disease or even death.

Whereas the right or virtues path is like a clay pot that has a life giving water in it and when someone drinks from it, it quenches the thirst immediately. Maybe, it is difficult for some of us to quit all the vices that we are involved in immediately, but we can gradually build up tolerance and overcome the temptations. Of course, we do not mean that all of us are corrupted, but some of us do lie, backbite, take or give bribes, etc. Therefore, to abstain from vices we must increase our resistance towards them and note that it takes time to build tolerance. An important point to pay attention to is that all the branches of vices are inter connected and

they must be tackled together and it is impossible to solve one issue alone without resolving the others. For example, I can't stop lying if I continue to gossip or backbite and the path of vices must change all together, because vices is like a tree that has bitter and poisonous fruits and we are not able to amend the fruits of one branch and the tree itself from the root must be revitalized.

Tolerance is built when a force begins at a low level and gradually increases.

Everything in creation has a certain tolerance level and if it passes that level it becomes altered and its system changes and this alteration or change usually causes damage or chaos.

For example, if you put pressure on a glass and this pressure is more than the endurance point of the glass, it will break. Metals like gold, silver or copper have different melting point and if they are heated more than their endurance point they melt and their state is altered from solid to liquid. Plants and animals have different tolerances as well.

Human being is a creation who benefits from free will, therefore with practice he can change his tolerance point.

However, human beings have various tolerance levels and each individual has a different capacity to endure certain circumstances and if mental or physical pressures are beyond one's endurance point that person can lose his temper or control. This can be seen in arguments and verbal or physical confrontations when two or more people are shouting at each other or using vulgarities. For instance, as a father,

brother, partner, friend or an employer, we can tolerate people's behavior or criticism until a certain level or vice versa. However, we have to be careful not to cross that boundary or limit or else that person can lose his or her temper and get out of control. At that moment, the person's facial expression changes, the heart beats faster and mutual respect or social manners mean very little as all the lines are crossed in a surge of anger and anything can happen. This is because the endurance point of that person or his tolerance limit has been breached and that person is on the **verge of fury**. We can conclude that most of the outrages, violations, fights, murders and other forms of vice take place on the **verge of fury** and we should seriously avoid it.

Sometimes our words are worthless for ourselves but these words can do reclamation or destruction.

It has happened for many times that a speech transformed a person or persuaded a person to commit suicide!

Therefore we should be careful with choosing our words.

In other situations, the tolerance level of humans can vary, for example an individual can hold his breath for 10 seconds and another person can sleep in a grave for 10 days without breathing. A person can only run 50 meters whereas another can run 5000 meters and in other conditions such as cold, heat, unpleasant circumstances and calamities, this point can be different.

But the issue that we are concerned with is that building up tolerance in an individual in most situations is attainable and it is done through continuous efforts and repetitions along

with the needed time period and it can be expanded in both negative and positive direction. Increasing tolerance in negative matters (vices) such as lying, backbiting... or substance abuse is very easy and convenient and the individual doesn't suffer any hardships. In fact, increasing tolerance in negative issues is mostly accompanied with joy and satisfaction and this is the illusion and trick designed by the great architect.

Imagine a person consumes 5 psychedelic pills daily, thus he can easily increase his intake up to 50 pills in a short period of time (six months), or stealing later will become the thin edge of the wedge.

To increase tolerance in vices, we do not need education and contemplation; we just do the deed to enjoy ourselves. Whereas to increase the tolerance in beneficial and positives like exercise, learning literature, learning new languages, not smoking or other issues we definitely need education, contemplation and experience (triangle of knowledge).

We can reduce vices if and only if our knowledge and wisdom grows. . Without practical knowledge even if we attempt to solve an issue a thousand times, still we would fail to achieve the optimum result and each unsuccessful attempt becomes a mean to crash further down into the dark world of vices.

Imagine a person who has done many vices deeds and he has achieved a high level of tolerance in ignorance and negative matters along with lots of experience. However, with his ignorant and dark worldview he interprets his life and current living condition in a victim-like manner, he swears at the heavens and earth for his misfortunes and blames everyone

else for his problems and never realizes that he is the cause of all these miseries that are happening to him, the fact is that he is the main culprit.

Similarly, individuals who are exploding due to immense hatred, anger and jealousy have achieved a great negative endurance point and are constantly restless and in pain. These people blame everyone and they believe they are the victims!

In order to attain bliss and peace, these people must change direction so that, with education, contemplation and experience, they can gradually refrain from misdeeds and destructive behaviors.

Let us discuss increasing tolerance in a positive act:

Someone who has no background in exercising starts running, it is completely normal that after 50 or 100 meters of running his heart rate increases, he gets tired and he can no longer continue running.

Therefore the running tolerance of the above mentioned person is 50 or 100 meters. We know that this person can improve his tolerance point from 50 meters to 5000 meters definitely. In order to do so he must keep running every day and each day he must increase the distance step by step until his ability in running a longer distance grows up to 5000 meters. Thus to increase tolerance point we must consider:

- a) Continuous repetition of the issue at hand
- b) The element of time

To reach a higher tolerance point in the case of running:

1. He must continuously run each day
2. He must increase the distance daily

Most of times we are running away from our problems and we consider these problems a curse from God, sometimes these problems are blessing.

In other words, human beings must obtain a higher tolerance point with combining the two forces (positive and negative).

According to the ancient philosophers, the universe is based on opposites and the four elements of wind, earth, water and fire are the essence of this creation and the components of these elements can be found in the table of Mendeleev. In another word, we know and recognize everything by its opposite, light against darkness, white against black, joy against sadness and divine forces against evil forces. Therefore, looking from a higher perspective, dark or satanic forces play a complementary role in the creation and perhaps without them it is not possible for creation to continue its journey of evolution.

For example, a microbe might be considered a negative thing, but its very existence has made humans to conduct extensive research and in the science of medicine, great knowledge has been achieved. Another example is the existence of tigers, lions, wolves and other predators and if they didn't exist what would happen? Or some might say

why weren't they created vegetarian? Why must a lion eat a beautiful deer? If we think deeply about this matter we realize that without these predators all these beautiful giraffes and zebras would eat so much grass and sleep all the time until they couldn't even walk and out of laziness they would no longer migrate and were unable to cross through difficult passages. Have you observed how fast they run when being chased by a predator? Where does this agility come from? Isn't it true that the fear of a lion's jaw and sharp teeth make them run so fast? Therefore, the very existence of predators has brought about the existence of healthy, strong and agile herds of grass eaters who are constantly ready to escape from any form of danger.

Those who are not strong enough will become the prey of the predators and this is absolute fairness. In the same manner, if an addict can't protect himself and the welfare of his family and ends up as a junkie is absolutely fair. In other words, to increase our level of endurance we must overcome the calamities of life and challenge the negative forces that block our progress. In order to reach bravery we must pass through fear, to achieve light we must overcome darkness, to be able to love we must defeat hatred, and to gain knowledge we must pass through ignorance. To raise the level of endurance we must pass through many barriers and treat them as blessings in disguise and this is easy and difficult at the same time!

Some of our today's problems will be seen as blessing at future if and only if we could solve them. Just like the role of lion to the deer.

Therefore, do as the command is:

Command says: human being will receive nothing unless he strives for it. Sorrows that you are facing with were provided by your own hands at the past.

It says: a human is different from a predator, because he benefits from intellect and wisdom.

Some traits distinct human beings different from animals, traits like: sympathy, sacrifice, honor, wisdom, love, chivalry and etc.

Chivalry is a valuable and brilliant attribute indeed which is like a tenacious stronghold and it keeps human away from vices. To righteous people, chivalry is pleasurable.

An important point: if the human senses become strong but he is not able to tolerate them, he experiences an implosion and we know very well that an implosion may cause certain damages.

What would happen if our olfaction sense becomes hundred times stronger suddenly?

It is very good, one might say. But the truth is that life will become impossible if such thing happens.

Or consider this: some people desire to enhance their senses in order to realize or discover secrets of universe or to walk on water! Or to do soul travel, to cure others or etc. in a short period by attending different courses.

With enhancing their senses they would change their point of perception unknowingly, and because of lack of

knowledge about these matters and because they do not have the proper tolerance point soon they will fall into wander, different physiological and psychological illnesses, madness and etc. and eventually they will end up taking psychoactive pills at hospitals or madhouses.

Therefore if an individual desires to be in any position (dignitary, wealthy, respect, fame, knowledge, love and etc.) initially he must gain the proper tolerance point of that very position, otherwise he will create problems for himself and others. Any kind of responsibility or luxury given to someone who doesn't have the capacity or tolerance for it can create difficulties for that person.

Even in lowest kinds of responsibilities a proper tolerance point is needed to avoid creating problems.

First deserve then desire or:

On the (sitting-) place of the great, boastingly it is impossible to lean,

Unless, the chattels of greatness, all prepared by thou

The Tenth Valley

He possesses much erudition

knowledge of self, he lacks

*He knows each quintessence
awareness of his quintessence,
he lacks*

*Human being past attributes don't
remain the same because, he is
constantly changing.*

*All of a sudden there is an uprising in the
city of existence, but after a while the
breeze of the supreme power rules the entire
town, health and prosperity returns once
again and you will gain more benefit. All
our friends send their regards and are
grateful to God and the guardians who
make the unions possible so that everything
in the universe enjoys the divine mercy.
Friends in your domicile, feel this trend and
evolution with affection every moment.*

Those who become mesmerized with the mercy of the supreme power will be elevated, however those who are busy pleasure seeking will have no share. You know what I'm talking about, four legged animals that are looking for extra legs in order to stay firmly on earth; however they don't know that it is easy to prostrate to God without hands and legs, it only needs heart's longing which they are far from. Like the blind people they are searching for night in the middle of the day. He, who has to know, knows and does what The Truth commands. Friends are worshiping the lord by dancing in the sky and playing Daf (a Persian frame drum used in celebrations and spiritual ceremonies) in a trance like celebration.

An intoxicated group of lovers are grateful for the divine wine.

How beautiful this law is, how great it is and what a magical meaning it carries within! Yes, human being past attributes don't remain the same because, he is constantly changing.

This valley or law or path is like a sharp sword; it simultaneously warns and gives hope, it refers to both falling and rising, it is life and death at the same time and generally it demonstrates the forgiveness, compassion, and generosity of the supreme power in the path of mankind. It leaves the lines of free will beautifully in the hands of man so that he would draw up his life as he so desires and shows him that at the end of each stage there is a new beginning. All people are capable of changing regardless of where they are and what attributes they possess, even the worst sinners, and those who have committed horrific crimes.

No one has to carry and keep all his or her cruel and horrible attributes eternally. Nobody has to remain in hell forever; even if someone is at the lowest levels of hell he has free will and can mend his ways so that lord's mercy is bestowed upon him, the path to salvation is always open.

On the contrary, if we are on the highest level of heaven and our virtues regress to vices, then we will crash down to the lowest levels of hell. That's because everything in the universe and beyond is constantly changing and nothing is permanent, we are continuously flowing and we don't stay the same. The journey of evolution and life

consist of three stages; **conversion, transformation and redemption**; from one realm of creation to another, from the heavens to earth and from the earth to heavens and vice versa; or from one heaven to another heaven or from one earth to another and vice versa.

Until where? Until the nowhere land which cannot be shown on a compass, until eternity which has another eternity in pursuit and if we want to know exactly, until the end of numbers, until where we have diverged from and once again into another journey since we are always one with existence. What for?

In order to be, to exist, to live, for existence, time, space, abode, epoch because the biggest miracle of life is the life itself.

Being immersed in life, observing it and all the beings in it, joy and sadness, happiness and sorrow, love, loss and gain and all in all the summation of the opposites. Because, there is a delicate point in here, unless you know hatred you cannot grasp the meaning of love. Therefore, everyone must live in the present and present consists of three dimensions; space, location and time. When the life span of a being is finished, it loses these dimensions of time, space and location and gets transported to the beyond.

The ancient philosophers believed that the four elements of water, wind, earth and fire have brought the creation into existence. Regardless of this being right or wrong, there are three main components that not only give meaning to the solar system or galaxies, but also they play a key role in the structures of other universes and dimensions of afterlife and

their connection, without these three components existence and non-existence would be incomprehensible. These three components are **light, sound, and sense.**

Light commands in our realm of existence and also in other realms, and it is mentioned in the holy book that God is the light of the earth and skies and without light, life cannot exist in our planet. We are capable of seeing a limited range of light at our universe. How beautiful is the shining of colorful rays of light and what magnificent display of glamour is the color of sunrise, it is as if it talks to us and says “oh, you that have escaped from yourself and your hometown, come back to your home or body and know that life has begun so that you learn at the moment, as the moment is school, recovery and life.” Purify yourselves of destructive attributes, everything is constantly changing, therefore you can transform the worst traits into the best ones.

Sound transmits the information throughout planet earth and other realms of existence and the communications between them like a telecommunications office. When musical notes are organized harmonically, what everlasting pieces are created! Voices are constantly transmitting information, voices of human beings, Russian, French, English, Persian, sounds of drums, bombs, lions and the sound of a flute. What do they tell us, humans? Where do they take us? Where does the mind or thoughts fly to? It can fly to a destination where one cannot imagine.

If we lacked sound, we lacked connection, life and words and what we had was absolute silence!

It is the sound that says: beware humans! You are nothing but what you strive for.

Sense is like the Lord which is present throughout the entire creation, existence and non-existence but it is invisible, but it is sensible by its own kind. In other words, sensation is the first power that enables the intellect to function or through our senses we and all the other creatures perceive the world around us. We communicate with our senses and receive or send light or sound messages through it. When sense is working well, we feel an indescribable joy and happiness, a feeling of friendship, a feeling of love, a feeling of serving other humans and all of creation and it displays servitude with free will in a magnificent manner.

If through purification and refinement we become able to strengthen our out of the body sensation, and pass through the gates of our five internal senses, then we can perceive the sense of divine inspiration, the sense of heavenly choirs, celestial voices, dancing in the skies, companionship of the honorable residents and the sense of hearing God's voice talking to Moses: take off your shoes because you are walking on a sacred land!

That's right, even hearing God's voice...! Unfortunately and sadly, the attributes of some of us have changed tremendously and our negative and destructive sense has become very powerful and we are drowning in our own pool of ignorance and stupidity. We have compromised our honor and dignity for material possessions such as power, wealth, and title. We cannot recognize all these beauty and greatness and instead we preoccupy ourselves with hatred, vengeance,

jealousy, hypocrisy, selfishness, and so on. We have transformed our world into a living hell and turned that hell into ourselves and like an ugly octopus, we have placed ourselves into our own terrifying claws and every day we exert more pressure on ourselves until we are completely crushed!

At that time, we ask what the purpose of life is. Why have we been created? We didn't want to be born in the first place and so on and these are the questions that have always been around and will be so in the future.

Anyways, these three components of light, sound and sense are the instruments that God has provided for the humans in order to see, hear and feel. Vision is the location of light, hearing is the location of sound and heart is the location of focal sense and emotions. Of course, we don't mean only the light, the sound and the sense that we can perceive, rather their range are so much more than what we can comprehend.

An important point is that light and sound under certain conditions, can be both destructive and constructive and although God is the supreme light and super empirical but there are impure and destructive lights and sounds lower on the hierarchies which are very active and also hard to imagine.

Now it might be asked "what is the relation between these matters and past attributes of human being?" We believe that destructive sounds and lights are always active and are constantly sending negative messages and infusing distractions and vices, and we are not able to change them.

Since we are a good prey for them, what can we do so that we don't become their prey? We can only alter the wavelength of our receivers, transmitters and attributes in order to escape their bombardment of distractions and furthermore, we can't change our past attributes unless our feelings change. It must be mentioned that every receiver can also be a transmitter; if we attract vices then we will naturally transmit them and vice versa, if we attract beauties and goodness then we shall distribute them and this would be the attribute of our receiver and transmitter. There is only one way to change the past attributes or the feeling in the direction of the virtues and that is through self-purification or refinement.

The first step in purification is contemplation, and a healthy contemplation brings about a strong faith, and faith is nothing but manifestation of God's light in human being, and a strong faith is the source of decent acts or deeds, and from a decent deed a healthy sense is born, and a healthy sense gives birth to a sane intellect and ultimately a sane intellect displays its pure love and subsequently, past attributes will change.

Of course, there are two main, fundamental steps that gradually bring about progress and leap in the above mentioned concepts, and they are proper education or training and useful experiences.

Experiences that are gained from decent deeds are particularly joyous and delightful and experiences that lead to defeats or failures should cause reexamining in thought,

word and deed and it shouldn't cause despair and hopelessness.

We are constantly clothing our thoughts with acts, it is very likely that we act upon thoughts that we assume are righteous but eventually we realize that only some were decent!

Pure love is a phase in which you love the whole creation, the mountains, cliffs, trees, animals, rain, humans... because you will realize that all creation is for you and you are for all creation and you have no meaning without them.

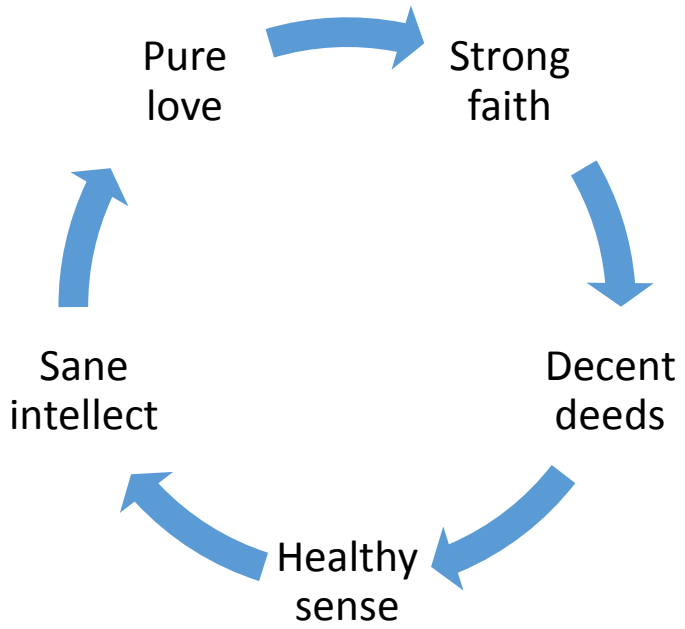
For example, your whole being is made up of earth and you are on a planet that is revolving in the space. Without its existence, you cannot exist, therefore you will love the earth and you will also respect it.

From a bad person you will learn that vices are hideous and he is your teacher, thus you love your teacher.

When you attain pure love you will know that all the sins and vices of human beings are rooted in ignorance and lack of knowledge or their shortcomings, and you'll sympathize with them, you'll pray for them, because of their ignorance they are facilitating their own destructions.

Then, depending on the circumstances you either forgive or you respond to the cruelty, you must decide whether to take an eye for an eye or to take a life for a life, and sometimes you decide to forgive since God is the all-forgiving and merciful, He is the all-powerful, omniscient, omnipresent and almighty. Of course, it must be mentioned that true love

appears gradually and one should not expect love to occur suddenly. If love comes about quickly then it is the surge of sensation and excitement. If this surge of emotion transforms into common sense, then it will be pure love otherwise it will diminish. A pure love never results in hatred but an imaginary love which we name it “intoxicants infatuation” and is created from sensation and excitement, could result in hatred. Let’s not forget that pure love is sensation and excitement as well but of another kind!



The Eleventh Valley

All the roaring rivers and gushing springs will ultimately reach the sea and ocean.

At the time when light was pregnant with darkness, Satan disobeyed the divine command, and it was as if a dark, black spot was born from the lights. It slowly began marching towards the bright universe in order to expand darkness and obscurity and prove its domination over humans to the Supreme Power.

The fallen angel gathered its disciples in the placeless and said “the human being has been given an attribute that we lack and in order for us to prove our supremacy and competence over him, we must deviate him from his ascendant journey using inspiration and infusion.

We can only propel him towards vices and immoral behaviors using inspiration and infusion or in other words we can only invite him since his free will must be respected.”

“You can be sure that many humans will join our colony because human being is a creature with two attributes, virtue and vice. They are beings who are greedy, ungrateful, obnoxious, and infidel except for a few of them who do the righteous act and spread the message of love and peace and those who invite others to patience”

Since humans have been given a material domain or an earthly body, the most important subject in this material world is matter and note that a warning has also been issued to humanity about this:

“If you dominate matter and control it, then you have almost defeated the dark forces however, if matter dominates you and fully conquers you, then you will definitely be defeated. Getting down from a horse is as important as getting on the horse.”

The commander of the dark forces continued “humans are learning and living by the tenacious laws that have been announced from the supreme power. Annihilation of these laws is impossible, but twisting and distorting them is doable. Moderation is the law but wastage and overindulgence is our wish.”

The assault started; outflow of lies, hatred, jealousy, betrayal, fear and anxiety begun thriving. Gluttony, immorality, reproduction, accumulation of wealth, invasion of properties and lands, oppressions, wars and bloodshed by humans heightened. It was as if heavenly doors of divine inspirations had been closed due to humanity's rebellion and disobedience and also infiltration of the dark forces. The power of destructive forces in the physique became the ruler and in order to lead human being towards their mentality, they prepared instruments of pleasure, fleeting joys and various temporary gratifications.

In these circumstances, descending of virtues and positive inspirations were much less and all creatures especially humans were immensely suffering. Only those who were rich or very wise could survive and without these two qualities one would have lost the game of life. The conflict was over how to acquire things and not how to use or keep them; it was as if dark forces had rebelled in the domain of God.

At that time, Satan aimed for the most dangerous subject and shot its poisonous arrow which was related to magic, and this seven color magic was none other than "Khamr"!

Khamr means veil and cover, a substance that veils the intellect therefore vices from virtues are no longer discernible. For instance: opium, hash, coke, Alcoholic beverages, mushroom, and even the poisoned thoughts and eventually substances that will be created by humans in future which will play a role in unbalancing people. These substances will be provided under legal and illegal names and brands.

Satan introduced a magical, intoxicating substance which was a wild and beautiful flower named poppy that was the most useful and healing medicinal plant, and he said:

“If this plant is in the hands of a skillful physician then it would be healing and life-giving but if it falls into the hands of ordinary people, it would be a seemingly tasty, sweet poison. Distribute it among men, women, the elderly and strong, healthy youths as a quick way to achieve their desires and also as an excuse to be merry, invite them to use this magical substance so that the strongest, wisest and the most beautiful humans turn into the ugliest, weakest and the most coward.”

Satan’s command was carried out and during thousands of years all kinds of intoxicants (Khamr) were developed and became popular and they took many people to the deepest points of darkness.

The fallen angel smiled and said: “carry out the second phase of intoxicants.”

Suddenly, out of a group of scientists, an ignorant expert said: “I’ve discovered a substance from the distillate of opium which is useful for curing opium addiction.” and other ignorant experts believed this and heroin was invented which was ten times more destructive than opium or any other kind of known drug addiction.

Once again the commander of dark forces smiled and said: “initiate the third stage.”

This time start the production and distribution of all kinds of pills and chemical substances such as crack and crystal meth which are hundred times more harmful than opium and heroin to gain a lots of money for yourself and to bring misery and madness for mankind. Common start!

Anyways my dears, even if we take this matter to be an undisputed fact, still the truth is somewhere else and something else and has another purpose. Because God is omniscient and almighty and takes the necessary measures, he has created the destructive forces and wicked humans in order to complement the creation so that humans can attain a sound intellect along with a perfect understanding and know what is the right or wrong action and have the ability to carry out the righteous deed.

Therefore, to exit the darkness we have only one way and that is holding onto the divine thread, and the essence of this divine thread is respecting and carrying out God's laws and commands and these laws and commands are in a way that, from the most primitive to the very modern people, atheists and very religious, all accept and agree upon as these commandments are very reasonable and logical.

What do these commandments say?

Do not lie, do not steal, do not be selfish, do not take or give bribes, do not judge others, do not find fault with others, do not be grumpy, do not do vices, do not do drugs and alcohol, do not break a promise, do not betray, believe in justice, be kind to others, help those in need and always contemplate.

Now, if every individual in any religion carry out all their religious ceremonies and worships completely but do not respect and carry out these universal commandments, then they are irreligious and followers of Satan.

Thus, carrying out these commandments brings about a certain condition for a human being to live an ideal life.

We have put behind us ten valleys which are adopted from these universal commandments and they enable us to come out of darkness and move towards light.

From the first valley “structures begin with contemplation, without contemplation all that exist will decline” to the tenth valley “human being’s past attributes do not remain the same because he is constantly changing” and in the tenth valley we have learned that there’s only one way to change and that is through self-purification and refinement.

To carry out this mission we need a sound mind, a strong faith, a decent deed, a healthy sense, a sane intellect and an unconditional love together with training and useful experiences in due time.

The eleventh valley: all roaring rivers and gushing springs will reach the sea and ocean.

If we have carried out the instructions given to us from the previous valleys or are implementing them currently, then we will certainly turn into roaring rivers and gushing springs, and even if our glass is still empty or half full in the beginning of the valley, with our efforts, determination and necessary purification, it will become full.

Now, in order to clarify the reason and conditions of a human becoming a gushing spring, we will examine the nature's gushing springs as a sample.

Once a natural spring's geographical position is unlimbered, it must have two characteristics:

- 1- Water reservoir
- 2- Difference of height or potential to provide the essential pressure for water to gush out.

Therefore, a human being like water needs two characteristics in order to turn into a gushing spring:

- 1- Authentic information resources on the path to wisdom
- 2- Difference of internal and external potential to obtain energy

We have discussed enough about the first characteristic specifically in the first and second volume of *the worldview booklet*, but the second characteristics need a little explanation.

Potential energy is related to the difference of height, if we lift up a stone from the surface of earth, energy gets stored up in it, if we release the stone it will crash onto the earth and its energy gets discharged.

That's why water storages are placed high above the ground because potential energy is gathered and water goes out of the pipes with pressure.

Potential energy could also be explained for human being because he extremely needs it. If human being ascends and transforms his position towards virtues internally and externally, it creates energy in him like someone who gets accepted in university or winning a competition or a kid who receives a bicycle or a sick person who is cured after so many years.

This issue is one of the masterpieces of obtaining energy for a person who receives his reward immediately after doing a good deed.

For example an individual weights 100 kilograms he starts losing weight if he is able to loose for instance 3 kilograms at the first month this action will generates potential energy within him which creates self-confidence.

After a while if the above mentioned person stops losing weight, the reserved potential energy is over, therefore the losing weight must be continued until the proper weight is obtained. The losing weight must be done in a proper period of time and eventually certainly.

If the above mentioned person relapses for lack of efforts then the potential energy is lost and depression and sadness returns.

Another situation could be when someone has not been given any responsibilities, so he is an ordinary person. As

soon as he is given a small responsibility, his position changes from inaction, which causes a difference in potential internally and externally and this condition causes joy or pleasure for him.

This is the reason for the saying in Congress 60 that anyone who serves voluntarily feels real good afterwards.

Volunteer work or service means transforming the position, even if the work is sweeping or mopping the floor because others respect him as the work is done voluntarily.

Therefore, in order to be a gushing spring, one must constantly create a potential difference with righteous deeds so that the needed energy can be obtained.

As we mentioned before, potential energy is gained when there is a change in the position or scientifically speaking, when there is a change in height. If this change of position is towards virtues, then it is ascending, and it creates positive energy which in turn brings joy and bliss. However, if it is towards vices like using drugs, stealing, hurting others, etc. then it is descending and negative energy is gained and it creates a temporary joy together with stress, anxiety and depression.

It is true that we call this energy negative, but energy is energy and because this energy eventually destroys the individual we call it negative energy just like a hand grenade which at first shatters its own layer before destroying others around him. The conclusion is that negative energy ultimately leads the humans astray.

Negative energy is usually gained through harming ourselves or others or in other words through stealing.

For example, someone who steals the properties of other people or abuses the rights of others or gains his energy through abusing drugs or through whimpering and etc.

Therefore, anybody whether with a plan or without a plan, with intellect or without intellect, with love or without love, with faith or without faith, with contemplation or without contemplation and with inner sense or outer sense, however small, acts like a well spring, and this subject is related to the standings and desires of the self of the individual.

Someone is like a dried up spring and another is like a spring with fresh, clean water and someone else is like a spring with dirty, poisonous water.

Therefore, creation has deemed it necessary for the dark forces to exist as a complementary factor in order to create potential energy and every person or every self has complete free will to choose ugliness or beauty, good or evil, truth or illusion, humiliation or honor, fear or braveness, love or hatred, and finally hell or heaven

Therefore, it is as if the fundamental law of creation is simply stating:

Those who are constantly giving to charities or at least pay their alms from what they gain materially or spiritually, are like a clean, fresh spring full of energy and joy, and those who pay nothing from their income to charities and want everything for themselves or their families are like a sand

desert that has no plant in it and always fear the desert storm because they have not planted anything to protect them from the storm.

Humans have different level of wisdom just like springs have different level of water sources and we must continuously increase our internal resources of conserved energy through gaining knowledge, awareness and following the commandments, and by being active and doing spurts, we can create the necessary energy in order to be transformed into a gushing spring.

Now we return to roaring rivers:

Unlike the spring which is stationary, its water resources must be flowing and after traversing long distances and crossing over impassable regions like mountains, valleys and deserts and piercing through them, it reaches the sea and ocean. If the spring doesn't have enough force and the required kinetic energy, then it will turn into a swamp along its path. Human being is exactly the same. He must constantly receive and update information and should never cease learning and education. Through proper implementations, energy must be gained so that he can continue on the right path and a better life can be achieved. Human's body is stationary like the spring but his intellect, psyche, spirit and the impressions left by him are constantly in motion and flight.

A roaring river knows that there are many huge obstacles and difficulties on its path, but it is not afraid at all and with great effort and determination, it passes through high mountains and deep valleys and pushes aside stones or

circles around them to continue on its path. Human being should also know that the path is not smooth at all and two factors are very important, desire and a reasonable contemplation. Having these factors in mind, one should remember that with a determined move, sane intellect, healthy sense and love, one can fill up an empty or half full spring of his existence and continue on the path and respect living.

People who lead a monotonous life and their days are like one another, make no effort to change them, do not make any contribution to the world, and do not learn new things subsequently, do not obtain the required energy indeed. In other words, these progresses and contributions are vital sources of energy for all people.

The Twelfth Valley

Ultimately, the first command is carried out.

Moments before Satan's disobedience to the divine command and when everything was ready for a great divergence, the Supreme Power commanded that heaven's residents gather. In that large gathering, the Supreme Power declared: I have appointed a successor on earth.

Residents: who? And what kind of authority does he have?

Supreme power: Adam with complete control over his destiny.

Residents: since we have always been worshiping you and constantly remembering your purity and almightiness, will you place someone there who would commit bloodshed, corruption and destruction?

Supreme power: I know what you all don't know.

Thereafter, he taught Adam all the knowledge. Then, he told the residents to report everything that Adam knows.

Residents: we know of nothing but the knowledge that you have taught us.

The Supreme Power asked the successor to inform the residents of the knowledge and also reminded the residents to ask the successor about all that they don't know. Suddenly, a clamor reverberated amongst the residents of the heavens.

Residents: what kind of a creation is this human being?

Successor: human, is a creature whose hidden attributes like yours are made up of fire, but his physical appearance on this earth began like this, in the beginning the supreme power condensed the waves and created a universe which includes all the planets, stars and other galaxies which are infinite and from particles like calcium, potassium, phosphorus, copper, iron, ... that make up this universe, he designated a city for the human being called the physical body and in a special process, I too was sent down to this universe and for a

limited and in a way indefinite time period, made to reside in this city or physical body.

Residents: how did this universe come into existence?

Successor: as far as vibrations or wavelength are considered, this universe is completely different from the universe that you live in, that's why residents of the earth are not easily able to comprehend your universes. In order to create this universe, the supreme power inspired love in every particle and wave. Because of the amazing power of love, some of these waves got closer to each other and became more condensed and the primary nucleus of this universe was created, thereafter he planted that nucleus like a tree in your universe, just like planting a walnut which if under optimum conditions and existence of other forces on earth in due process, produces millions of walnuts.

With the plantation of the primary nucleus, forces of alteration and transformation automatically began working and just like how the seed of a walnut tree splits open under the ground, the universe's primary nucleus split open as well and our universe was born and after millions and millions of alterations and transformations, it has reached its current point and one day it will perish and will be redeemed to its original form which means returning to the waves. However, an important point is that the waves which created the universe and the waves which come from the destruction of it, are the same in nature but different in knowledge and awareness as these two aspects remain at that original point.

Considering that the raw materials which are used in creating the universe for humans have been taken from your present universe, it is impossible for both of you to comprehend this.

Residents: what kind of characteristics do you have as a human?

Successor: we have learned the knowledge and it is inside of us, and also most of the supreme power's attributes have been placed in us in small magnitudes and with training and experience, we must find them in ourselves. We have free will to determine our own destiny in order to arrive at a stage where we can recognize the right path from the wrong. If we move towards the virtues then we will attain comfort, peace, joy and happiness however, if we turn to vices we'll be guided towards suffering, anxiety, fear, hardship and humiliation.

Residents: don't you think there is the possibility of bloodshed, destruction and crimes because you possess this knowledge, free will and attributes?

Successor: yes, you are right, especially when we are in this earthly body we don't remember all the information or memories from the past including the pact we made with the supreme power and also this gathering, but they are present in our unconscious or the archive and we are affected by them. At a time when a human being attains a high status of knowledge and awareness and the necessary capacity, then he is able to access the past information of his archive or unconscious, and at that time he will realize how the entire universe and all the other universes are placed inside of the human being.

The possibility of all kinds of bloodshed, corruptions, oppressions and injustices are definitely there, but know very well that the supreme power taught me that... (A silence follows).

Residents: what did the Supreme Power teach?

Successor: he taught that “**ultimately, the first command is carried out.**”

Residents: **ultimately, the first command is carried out!**
What does this sentence mean?

Successor: in order to achieve goals on earth, we must consider time, meaning any wish or command could be carried out within a specific period of time. If your goal is to produce rice, you won't immediately obtain it; you should plant the seed first and care for it, so that in the end after harvesting we can obtain rice. Therefore, we should just observe the events so that we get close to the end of creation story of human beings, thus the conclusion is known.

Residents: You said time! Can you define time in your universe?

Successor: nothing in this material world is stagnant. As it was mentioned before, out of the condensation of the waves, this universe was created, since these waves were dynamic, the place that was created from them was also dynamic, and the location that became the domain of this dynamic place was called **space**, from the combination of the dynamic place and space, **time** was born like 1, 2, 3,... which

was calculable. Of course, you are not able to comprehend time and its miracle since you live in the timeless universe unless you place at a physical body.

Residents: what is the miracle of time?

Successor: it is the miracle of time that made it possible for the waves to change their essence during a time period and out of their existence, gases, liquids and solids emerge, plants come into existence and grow in diversity so that animals and then human in a physical body come into life and multiply and enjoy the value of living and life and go through a valuable earthly training. Therefore, we are waiting so that eventually the first command is carried out.

Thus, both creation and individual must successfully pass through time in order to achieve the optimum results and there is no way to eliminate time unless we exit the dimension of time, and in order to arrive at the final result or redemption stage, we must pass through the stages of alteration and transformation. Of course, forces of infusion, revival and motion which guide us towards our desired results are available on earth.

Residents: please explain the three stages of alteration, transformation and redemption.

Successor: these three are the most important, fundamental and decisive stages for the implementation of the law “**in the end, the first command is carried out**” that not only have a crucial role in the structures of the physical aspects of the universe like gases, liquids, solids, plants, animals and humans, but also in the hidden aspects as well like the

intellect, mind, speech, behavior and deed of the human being so that an ignorant human is transformed into a wise individual.

If alteration, transformation and redemption didn't take place in this cosmos, then existence would have come to a halt and it would have been destroyed immediately.

For example, when a sperm mixes with an egg in the woman's womb, certain alterations immediately take place and after nine months, these alterations take shape and transforms the egg into an infant, and when the transformation is complete then the procedure of redemption takes place and the infant is born and just like this we can observe alterations and transformations in the cultivation and harvest of wheat or a tree or many other examples or samples.

Furthermore, the forces of infusion, revival and motion come into action as well and assist transformations and alterations, because without their assistance, no alteration or transformation takes place.

Residents: how could an ignorant person become a wise person through alteration?

Successor: in addition to free will, humans have another attribute as well and alterations must take place in that attribute in order to be transformed.

Residents: what is their attribute?

Successor: humans have two halves; one half is from the heaven, pure and super empirical and the other half is from the material (lower) world; like predators or sometimes even wilder.

In the path of evolution, this lower half which could be named darkness must be transformed into light and this important task could only be done by obtaining knowledge, wisdom, awareness and experience. We should know very well that no transformation can happen unless alterations gradually take place and every change must take its own time; thus time is needed for changes to occur in the human's attributes. For example, we can't make someone literate instantly or a liar cannot be transformed into an honest person in an instant, or an immoral person into a principled, or a substance abuser cannot be changed into a healthy individual in a week. In order to change all these vices, specific time is needed similar to the basic changes of a substance abuser's physique, psyche and worldview which requires at least ten months.

Of course, with the awakening of intellect in the person, the forces of infusion, revival and motion start their role immediately, and these forces help the person to overcome the deterrent and destructive forces.

Residents: the more you explain, the more questions we have. Please explain about the deterrent and destructive forces?

Successor: along with the creation of human being, there will be an enormous divergence in the heavens and earth and lights will give birth to its child of darkness and one of the

high ranking commanders will disobey the supreme power's command. Basically, the forces will be divided into two groups of light and darkness and they both will be equally powerful. Forces of darkness that commit vices and corruption consist of liars, oppressors, corrupt and wicked individuals, traitors, and etc.

Whether they wanted it or not they have come under the banner of the dark or deterrent and destructive forces. Forces that do valuable deeds such as honest, virtuous, righteous people, and individuals who serve humanity belong to the forces of light.

These two forces are battling each other and are training and increasing their troops constantly, in this world and in the extraterrestrial. Part of this enlistment gets done through revelation or infusion, revelation of virtue and infusion of vice and also in another way; when you associate with a negative, immoral individual, he will inspire the negative attributes onto you and vice versa; if you associate with a virtuous person, he will inspire and teach you virtues, that is the reason why we are advised not to approach the wicked tree, it means don't get close to wicked creatures, if we do, we will be guided to the depths of misfortune and suffering.

Residents: why does the supreme power allow such a divergence to take place and permit the deterrent and destructive forces to operate?

Successor: He himself knows better, but I imagine that deterrent and destructive forces act as a complementary force in the universe. In existence, everything is recognized by its opposite, in other words if there is no death, life can

have no meaning and without darkness, what kind of a meaning can light have?

If we look at this issue from high point of view, we can observe that deterrent and destructive forces as a complementary factor, can promote humans. Of course, we mentioned that there is a battle going on between the forces of light and darkness and a battle is meaningless without bloodshed and casualties and many humans will definitely be destroyed or injured or will go through immense sufferings in this battle; because this hidden and evident battle is much more serious than we imagine.

For this reason, human being has been given full authority to choose his own front. To join each front, whether light or darkness, a price must be paid and each group has its own price; but behind all these latent games, lies an important point which I believe in strongly and that is, whatever the outcome, eventually it will be for the better, that's why the command says: **"ultimately, the first command is carried out"** and the supreme power said: **"I know what you don't know"** and I have no doubt in the supreme power's mercy and generosity ; because his promise is not false and he loves his own creation and he teaches them all that they must know.

Residents: you mentioned the three forces of infusion, revival and motion. Could you explain more about them?

Infusion

Successor: here, infusion means transferring of knowledge and awareness, whether it is negative or positive, whether direct or indirect. Infusion is constantly active in the creation, every component in creation is interested to infuse or impart his knowledge onto his own kind or gender and a clear example is the training that animals and humans give to their own kind which could be positive or negative.

Infusion even plays a role in solids. For example, when electricity passes through a wire and there is another wire close to it without being connected, the electricity is infused in that wire and this is one of the main principals in generating electricity and electrical devices. Also cellular phones can infuse or create noise or disruption in some electronic systems and standing close to high voltage electrical towers is not recommended as it is the center of an electromagnetic field or when clay is placed next to a flower, the scent of the flower is infused in the clay and also a negative person can infuse his negative thoughts onto others. Therefore, whenever two behavioral phenomena, either positive or negative, are situated next to each other, the stronger one will influence the other one. Thus, the force of infusion is extremely active in the transformations and alterations of the creation. Through this characteristic and infusion of positive awareness, mankind can come out of the darkness. **It must be mentioned that whenever an individual decides to come out of the darkness, infusion forces from the heaven and earth immediately come to his rescue and this is a universal law.**

Revival

The term revival means to give life:

The greatest reviver is the Supreme Power who revives the death. However, in our existential dimension those who are in the dark and are suffering and those who are abusing drugs or alcohol and have completely destroyed themselves or as a result of poverty are homeless, are not any different from the deceased.

Individuals or forces that assist the above mentioned people and cause their alteration and transformation in the heaven or on the earth are called **the revival forces** which act as catalyst to carry out this magnificent process.

Motion

Motion is the foundation of existence, alteration and transformation. If there was no motion in the creation all the stars would crumble down in a moment and that's why it is said "stagnancy is not permitted for any being, a human being who lacks action and progress will crumble down like a muddy cliff. **The path is revealed with progress, without progress there would be no alteration and transformation.**" When someone is in the depths of darkness and his face is towards the dark, he can face the light providing he contemplates a little and turns his face away from the darkness.

In the beginning, he may observe only a sparkle of light, but should he follow in the direction of that sparkle, he can arrive at the source of light. With this move, divine forces from the heaven and earth, immediately come to his rescue. He must

begin to march towards alteration and this alteration must be done in thoughts, speech and behavior. The more alteration that is implemented the more assistance he will receive, until eventually in due time, when these changes reach the necessary stage, transformation is done, thereafter that individual himself will be transformed into the divine or positive forces and will be ready to serve humanity.

It must be mentioned that throughout all the stages, various forces will be available for assistance, but the responsibility lies on the individual himself, heavenly hands only infuse ideas and thoughts and implementation is the responsibility of the mankind.

Residents: do you think we would commit vices or injustices if we travel to the earth?

Successor: human being is a kind of creature that fools himself as well. Some people commit the worst vices, corruptions, injustices and mistakes but they justify and beautify their deeds in order to comfort their own conscience. In other words, vices and immoralities are not committed unless they are disguised beautifully as moral or virtues. Therefore in the beginning, darkness appears very attractive, beautiful and reasonable, however in the end; it eventually leads to destruction, corruption and ruin.

That's right, there are no exemptions even for you and if you are dispatched onto the earth and wear the garment of physical body, the possibility of committing all kinds of vices, immoralities and mistakes is definitely there, because the lure of the dark forces is very powerful and attractive. If you do travel to the earth, perhaps one day, you will realize the

meaning of **“in the end, the first command is carried out”** not in theory but in action.

Residents: how can we travel to the earth?

Successor: in order to travel to the earth, two factors are necessary, one is the **desire** and the other is the **command** or **admission’s permit**.

Residents: are there punishments for us if we commit wrongdoings during our stay on the earth?

Successor: (with a smile) it is a very simple matter; you must learn not to cross the red lines on earth, because crossing the red lines in life naturally brings about such immense sufferings that only God knows!

For example, if you pass the red light while driving, the traffic fine is nothing compared to the damages of a terrifying accident that will eventually happen someday (you still do not know what traffic lights, red light, driving and traffic fine mean).

Residents: do you have any advice for us if we do wish to travel to the earth?

Successor: on earth, live and let others live, do as you would have done unto you, do not cause harm to the plants, animals, other creatures and your fellow human beings, do not pollute the earth and waters, your predecessors cultivated and you consumed, now you must cultivate for posterity to consume, and my last advice for the development of a safe, clean environment for yourselves is; every year plant a tree of any kind, anywhere you go so that

you can see a small part of “**in the end, the first command is carried out**” with the growth of the trees that you have planted.

Dears, my time is up. Farewell

At that time, while residents of heavens happily thanked the successor and bid him farewell, there were some whispers which had begun in a close distant.

Conditions of performing the twelfth valley:

In order to perform the twelfth valley, we must be in our second journey and a year after our rehabilitation date and also carried out the pact of the eighth valley. On June 5th or any other date which is designated for tree planting in other countries, we can individually or in a group with other travelers¹ or companions², plant a tree anywhere.

An important point is that we must be able to identify the tree that we have planted in order to take care of it and be able to witness its growth. Therefore, we must record the location, kind and date of the planting so that if our tree has withered or been destroyed, we have to plant two trees instead in the next year’s tree day, and we have to do this planting every year. Hopefully, you will be able to plant 120 trees.

¹ Traveler: an individual who has begun his or her treatment or has successfully ended the treatment.

² Companion: family members or relatives of the traveler

The Thirteenth Valley

The end of each point is the beginning of a new line.

It is the nature of words that flow throughout universe with the long strides of a little pen. It is as if brooks join each other to form roaring rivers and bring the message to all people. Through this process humanity's goals and desires are shaped. This message conveys the imagination to image and the image to the structure of the truth. The ignorant forces have always been determined to destroy this structure while the wise ones are after building it. However, "the end of each point is the beginning of another line and it has always been and will be" and now it is the beginning of another line:

Streams have begun to flow and they will all meet each other at one point and establish a productive riverbed which will

end up in the great ocean and at that time with the divine splendor, they will be dispatched to places where the command is coming from, and once again the Supreme Power displays the majestic of the troops in another way whose command is not of war but of love, to whomever that has light shimmering in his existence and this has neither a beginning nor an end, it will be from the sky onto the earth and from the earth into infinity because “The end of each point is the beginning of another line.”

While heaven’s residents were happily thanking the successor and bid him farewell, in another corner a murmur began and one of the residents said: I still have some questions.

Successor: my time is over, I’m not allowed to speak unless with the Supreme Power’s permission.

Supreme Power: answer using imagery, because afterwards the oath will be taken.

Successor: I’m ready to answer.

Residents: you said in order to be transformed, changes must occur gradually, for instance in order for an alcoholic or a negative person to become sound and righteous, there must be changes in his physiological, mental and intellectual aspects, otherwise transformation won't take place; however, you didn't explain the difference between transformation and revival (clearance).

Successor: you are right, note that as soon as one stage is finished, the next stage begins or **“the end of each point is the beginning of another line”**.

Then the successor opened up the fingers of his right hand in a V-shape (the victory sign) and told the residents: look in between my fingers so that I can clarify the issue with imagery.

Projection: it shows a person standing beside a well trying to send down an empty bucket inside the well with the help of ropes and windlass to bring up some water. (End of the image)

Successor: in this image three stages of alteration, transformation and revival (clearance) is demonstrated.

- a) The alteration stage is the stage where the bucket is gradually getting closer and closer to the water and we can observe this change in the distance between the water and the bucket until the moment when the bucket reaches the water.

- b) The transformation stage is the moment when the empty bucket is afloat and transforms into a bucket full of water.
- c) The revival or the clearance stage is the stage where the bucket which is filled with water is pulled out of the well with the help of the windlass.

You can expand these stages in regards to different topics.

Residents: are there any other stages after the clearance stage?

Successor: as I said, **the end of each point is the beginning of another line** or in other words, whenever a book is finished another one is written or when a traveler arrives at a destination, another traveler begins a journey or when a saint is hanged by the ignorant people, another saint is born and this is the Supreme Power's command. At no stage in the evolutionary stages does a creature sleep, even if the creature is apparently sleeping, it is in the recovery stage and is trying to regain strength from its origin so as to find the right path and carry out the command properly and this is not a story.

As mentioned above, nothing is stagnant and everything is always in motion or progress and the only thing which is unchangeable is the **Truth** and the universal laws and commands of the Supreme Power are like the laws of physics and mathematics, unchangeable.

That's right my dears; there will be more stages for us after redemption until the earth's **Separation Day** and after that

day there is another **Separation Day** since the **end of each point is the beginning of another line** and it continues on forever.

Residents: what is Separation Day?

Successor:

it means the moment of separation, the moment we step into a new phase from an old phase, like the moment the bucket is lifted off the ground and thrown into the well or the moment the empty bucket is filled with water, or the moment a baby is born or the moment of death, graduation, marriage, addiction, divorce, recovery, cure, prison, employment...

All in all, whenever we reach the end of a point, there exists a moment called Separation Day which is the start of another line.

Residents: when is the separation day of earth and how it happens?

Successor: look at the image between my two fingers (the V sign).

And then...

Projection: the sun is twisting, the stars are darkened, the sky is split open, the mountains move, the oceans overflow, due to a powerful earthquake the earth throws out what it has inside. (The end of the projection)

Successor: at that time each human being becomes aware of what he or she has prearranged for themselves and this is the Separation Day of earth.

Residents: was there another creation similar to this one before the primary nucleus of the material world was planted?

Successor:

only the Supreme Power knows, but I imagine, from the beginning or the planting of the primary nucleus until the destruction of the earth which is called a cycle, perhaps there have been millions of cycles up to now or there will be many more in the future. In other words, universes are like numbers and just like how after every number there is another number, universes follow the same law.

Residents: does each individual's life follow the law of numbers?

Successor:

Yes, all of the existence's information is kept in each and every particle and creature in the universe, whether this information and knowledge is positive or negative, constructive or destructive makes no difference and since creation values these experiences and knowledge, it won't allow their annihilation. Therefore, as soon as a creature dies, it awakens in another place and continues its life and once again if it dies there, it will reappear somewhere else with the attributes of the previous life.

Residents: will an alcoholic or a drug abuser awaken in the other world as an alcoholic or a drug abuser after death?

Successor:

If I want to answer briefly, unfortunately yes! Since addiction is an illness of the psyche and spirit as well, they will awaken as an alcoholic or an addict in the other world. The issue is that fortunately or unfortunately we aren't able to destroy ourselves by committing suicide because we will immediately find ourselves with all our problems in the other world.

Unfortunately, I don't have enough time to explain this matter; however, whenever the universal commandments of the Supreme Power are not carried out and duties are not done properly, order gets drowned in anarchy and causes distress and false outcomes. We must know that most of the humanity's sufferings are caused by undiscovered sciences and if we veil the light based on our lack of awareness and assume or claim that everything is dark, then we conclude that everything is born only in the world of darkness and we write based on this assumption afterwards it is not clear what will happen if we move on with a wrong thought like this; however, every door has a key or every problem has a solution and we must search to find knowledge and **we must know that the most beautiful action is research in the world of science so that we can explore undiscovered knowledge and reduce human's suffering.**

Residents: you talked about alcohol, vices and negative thoughts which humans will commit and end of each point is the beginning of another line. Now we want to observe the

outcome of committing vices by humans even though we can roughly predict it.

Successor: once again look at the projection between my two fingers. (The V sign)

Projection: the sky is dark and gloomy, humans are restless because of thunderclap, the sky can't hear the painful moans and groans of humans, heaven's doors have been closed, inspirations of Supreme Power's forces are experiencing difficulties, Satan's disciples are dancing like wolves and are telling each other "look at the fate of the human being", dark clouds of vices, alcohol and destructive thoughts are colliding with human beings and terrifying thunderbolts are created out of these collisions, a devastating fire is observed

Women, men, girls, boys and elderly are falling on the ground from the sheer force of the thunderbolts, while injuries have engulfed their bodies and souls, immense floods are destroying their houses and livelihood on their path and death is imminent, laughter of the dark forces have filled the air and families are screaming internally at their loved ones' tombs: why...?

The successor brings down his hand and continues on like this: this is the story of a shepherd who has lost his herd of sheep to the wolves and if the sound of the shepherd's flute is not heard, the numbers of wolves are increased.

You know why?

The shepherd has committed so many vices that straw has covered the holes on his flute and the sound can't be heard at all.

The successor once again lifts his two fingers up in a V sign and says: watch, **the end of each point is the beginning of another line.**

Projection: at this time, suddenly a powerful lightning from the infinite depth of the sky pierces through space and time and passes through all the fortresses, strongholds and obstacles built by the destructive forces and reaches the heart of a dark, black point deep in the darkness and immediately, a second and a third lightning strikes that same dark point, the black point turns away from darkness towards light and awakens from deep sleep, tears roll down his cheeks and whispers softly and the whisper becomes louder and louder:

Oh Lord! The valley, the sky and the ocean are covered with heavenly dancers and my restless soul seeks redemption, not from the imprisonment but it desires the beloved's reunion.

Oh Lord! I only worship you and only praise you, for performing this great deed, thanks, thanks, thanks!

Then, it starts to move so that it can distance itself from the last of the darkness and at this time, Dafs (drums) begin to play softly and the sound of a trumpet is heard and the black point which is now bright and luminous begins whirling and dancing, heavenly dancers whirl with him, the pen is commanded to write, the bright, luminous point together with heavenly dancers increase their radius in whirling, they transfer what they have to their dark surroundings, they also become bright and luminous, they all begin to **Sema** (a sacred dance) in white robes until they cross the borders of heaven and earth and on their path, share the wine which they have drunk themselves with those who are in constant pain and sufferings, perhaps they can soothe their injuries and assist them in overcoming difficult challenges.

While some of the residents have tears rolling down their cheeks, the successor continues: “anyways, the game of life has been designed in this manner by the great Architect, because he has given free will to human being so that he himself can choose, so that he can learn what he does not know, and once he learned he must put the knowledge into practice which is a very difficult thing to do.”

“From Canaan Joseph shall return, whose face

A little time was hidden: weep no more_

Oh, weep no more! In sorrow's dwelling-place

The roses yet shall spring from the bare floor!

And heart bowed down beneath a secret pain_

*Oh stricken heart! Joy shall return again,
Peace to the love-tossed brain_oh, weep no more!
To-day may pass, to-morrow pass, before
The turning wheel gives me my heart's desire;
Heaven's self shall change and turn not evermore
The universal wheel of Fate in ire.”³*

As time passes by, the number of ignorant individuals decreases it is like they are sinking in the swamps they were preparing for righteous people.

A silence follows.

Residents: the end of each point is the beginning of another line, what do you mean by point?

Successor: the point is the beginning and end of one cycle and it is a sign that is understandable, they are transformed into a line on the earth and in the sky, points and lines are visible and invisible.

³ Taken from the famous book of Hafez, the great Persian poet

Geometrically, point has a location but it doesn't have width, length and height.

We can make up a line by connecting two points that have a distance between them or by connecting points that come after each other. Therefore, it is as if each and every one of our moves at every moment creates a point which is certainly, the beginning of another line and we are reminded at every point that we have been given a free will to change our destiny if it is not according to our wish or liking. In order to transform the ugly and annoying lines into beautiful and blissful lines, one must contemplate and not fear calamities and put in effort and hard work. Of course, difficulties are always there but we must know how to approach and overcome them.

In other words, finding a solution is more important than the problem itself and this problem exists until we develop a tactic to solve our issues instead of creating more problems, then we will realize that all of our sufferings are due to lack of knowledge and thinking.

Human being must one day know, realize and understand that under no circumstances, through vices and falsehood can he achieve virtues, it may be possible to gain wealth or power in a short time, but it is impossible to attain peace and comfort, the path of vices and immoralities is made up of ugly lines even if the line is drawn out of gold!

Residents: tell us about the lines.

Successor: lines of work, hobby, love, sport, education, intellect, money, position... if an individual progresses in only

one area of life and do not pay attention to other areas or lines, he becomes a one-dimensional human.

Life is in a way that one must refrain from all kinds of over-indulgence or extremisms and always keep moderation in mind. It is in moderation that everything is made and designed, a suitable amount of wind is needed in life but too much wind leads to a storm.

In moderation everything is created and afterwards, humans need a triangle and he won't be alone if he grasps the truth about this triangle.

There comes a time for those who are eager and thirsty for water and those who are stagnant can never arrive at their destination.

Residents: what is a one-dimensional creature?

Successor: let's look at the monkey as an example, it eats well, it performs sexual intercourse, it climbs up trees like a professional, but... look at the projection.

Then the successor makes his two fingers like the V sign and begins.

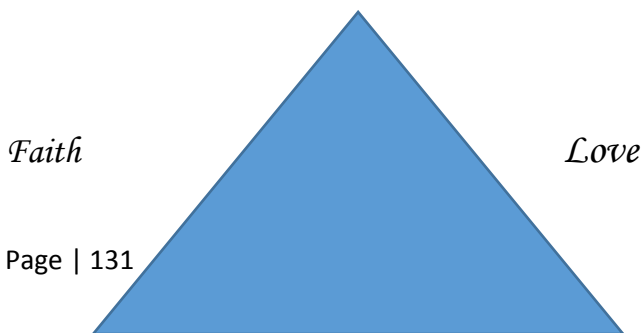
Projection: a hunter is making a hole in a tree in the jungle, after he finishes he puts a banana in the hole and hides in an ambush. The hole has a narrow entrance and a wide space inside, a monkey comes along and tries to grab the banana, he forces his hand into the tight entrance and grabs the banana, his fist gets stuck as he is holding on to the banana and he is stuck, he is not able to think that once he lets go of the banana he can get his hand out of the narrow entrance

and save his life, why? Because he is a one-dimensional creature and does not have the necessary intelligence and wisdom to analyze the situation, therefore, the hunter comes and takes him.

Then, the successor brings down his hand and continues: “People who also get stuck in certain situations and aren’t able to resolve the crisis, are one dimensional creature, like individuals who are addicted to alcohol or other problems and they are incapable of solving that very problem. Those who are constantly gathering wealth they follow only one line in life and do not pay attention to other matters. On the surface, it seems they have everything but within, they are empty and lonely and live in their million dollar mansions like the homeless.”

Residents: you said that human being needs a triangle and if he truly understands its meaning then he would not be alone, what is that triangle?

Successor: a one-dimensional human being is like a line and in order to enter into the stage of surface or becoming a two-dimensional human, we need at least three lines so that we can draw up a triangle; one of the most distinguished triangles is the triangle of **intellect, love and faith**.



Intellect

Of course, most people have this triangle applied in their lives to certain extent but, we take the ideal form as a destination to arrive at.

A two-dimensional person lives in peace and serenity and he is a productive member of the society, he loves all people and everyone loves him as well. Being stuck in a critical situation, unlike the monkey, he is able to open his fist and let go of the banana.

An important point that needs contemplation upon is that in order for the lines of intellect, love and faith to grow or become active, there must be a fourth line which is largely invisible and it is called the X system. One of the main factors and the root cause of all kinds of physical and mental diseases is the lack of or imbalance of this invisible line. If the X system is dysfunctional, then the main lines of intellect, love and faith are not able to function properly and vice versa.

Residents: can we have a projection about this?

Successor: to demonstrate the performance of the lines, we show the inside of a person using two images. First image is about people who do not live in comfort and peace and their lines of love, intellect, faith, and “X system” do not function properly. Inside of this kind of people is presented as a city in the image. This is the image of the people that want to make a white rug from black wool.

They have no idea what they deeds will bring out soon.

First projection: sounds of crying and moaning in a ruined city, there is no drinking water and no civilization, a ruins of the bones belonging to the corpses from the past, poisoned streams are producing a foul smell, the faces of the residents show fear, pain and suffering, their food consists of dried plants with thorns, grass, coca leaves, poppies... these foods neither feed them nor make them fat, the sound of a hideous thunder together with a storm threatens the imminent destruction of the city.

Then the successor brings down his hand and says:

The second image shows inside of those people who live in peace, harmony, and wellbeing. Their lines of love, intellect, faith, and “X system” function properly.

Second projection: a vigorous, robust and green city full of joy and happiness, a delightful breeze spreads a wonderful scent from the gardens and wild flowers, fresh faces of its residents are beaming with contentment, nightingales are singing songs of freedom and revival in their beautiful flight, all kinds of colorful flowers are watching the butterflies

dance around them, gushing springs are flowing in this city and they make up four main creeks.

First creek: Intellect; streams that resemble pure waters.

Second creek: Love; streams that are likened to all kinds of honey.

Third creek: Faith; streams that are likened to types of milk with no expiry date.

Fourth creek: these streams resemble wines that bring joy and pleasure and its drunkenness is different and the more intoxicated you get the wiser you become, there is no hangover or headache afterwards.

Residents: could you explain about the *intellect* streams?

Successor: intellect streams or lines are those actions which are reasonable and wise. It means in order to execute them, we must obey the intellect's command and we can do this when we have learned knowledge, justice and decency.

According to intellect command, all actions must be pure and clean like water; acts of honesty, kindness, integrity, love, faith... and all deeds that are in accordance with universal values and commands. If honesty is mixed with deception or lies, it is like polluting pure and clean streams. In other words in order to draw all lines of life one must carry out the wisdom's command.

Residents: how are the lines of love and faith?

Successor: I will explain about the streams of *love* in the fourteenth valley.

I'll just say that love is like an explosion that creates a tunnel through the heart of the mountain so that we can pass through impassable obstacles.

About the lines or streams of faith I can say that faith is like fresh milk which quenches thirst and also gives strength and is easy to digest. It is the manifestation of supreme power's light in human beings, in his heart, appearance and feeling. It means believing in one's self, in humanity, in law, in the harmony of the universe and the fact that life is valuable and one must recognize the red lines in life and not cross them.

Residents: what is the sign of faith?

Successor: someone with faith has a calm, relax and luminous appearance, he or she is always kind and compassionate and it is as if faith brings a sense of security and safety for the individual so that a life full of bliss and comfort is a constant companion. Streams of faith are for instance faith in one's self, in Supreme Power, in nature, in family, in human kind and in helping other people in distress.

Therefore, when there is no faith, it seems there is nothing to keep the individual protected on this planet called the earth that is revolving in an infinite space. That's why the great Persian poet Saadi has said:

*Of One Essence is the Human Race,
Thusly has Creation put the Base.
One Limb impacted is sufficient,
For all others to feel the Mace.
The Unconcerned with Others' Plight,*

Are but Brutes with Human Face

When someone has a toothache, all the other parts of his body are restless and in discomfort. The same goes for societies on the global scale, if there are large number of people in pain and suffering, whether we want it or not, it affects the security of the whole in a negative way. Therefore, if we have faith in ourselves, family and society then this faith will command us to be compassionate towards those in suffering and it is faith that strengthen our relationships with our families and other people so that we can live in peace and harmony, now you can call it whatever names that you want.

Residents: you haven't explained the X system?

Successor: how can I express the greatness of human being's physique? I'm incapable of expressing his power, intelligence and accuracy; because the biggest marvels in the universe when compared to human creation is very insignificant.

In human's body, especially in the central nervous system which includes the brain, brain's stem and the spinal cord and the peripheral nervous system which exit from the brain's stem and the spinal cord and also in other parts of the body, there are streams and creeks which produce and provide all kinds of intoxicating drinks with different tastes and flavors for the body. If these streams and creeks which are inside the body function properly, not only the person has a fresh, healthy body, he also enjoys a mental and spiritual state full of energy which is necessary to draw the beautiful lines of intellect, love and faith.

To mention a few we can name three creeks of Endorphin, three creeks of Dynorphin, three creeks of Enkephalin, a Dopamine creek, a Serotonin creek, an Acetylcholine creek, an Opiorphin creek, an Adrenaline creek and etc.

For instance, Dynorphin and Endorphin are more than ten times stronger than Morphine and if the Dopamine creek is dried out, the person gets Parkinson's disease and if the creek overflows, the person becomes schizophrenic and if the Serotonin creek is dried out, the person becomes depressed and if the Enkephalin creek doesn't function properly, the internal analgesia system of the body goes out of order and the smallest pain or sickness can cause death and also if the Serotonin, Acetylcholine and Adrenaline creeks don't function properly, the individual won't be able to sleep.

Anyways, the human body is designed in a way that if he crosses the red lines in his life span, his own body will repair itself most of the times.

As soon as the creeks of the X system come across a dysfunction, the immune system of the body will face certain difficulties and all kinds of physical, spiritual and mental diseases are created.

In fact, a human being who has a sane intellect, a strong faith and a pure love creates a standard in his life in a way that all his X system's creeks are active and healthy. However, an individual who does not have these three dimensions faces all kinds of negative thoughts which are rooted in ignorance and they represent themselves as fear, hopelessness, superstition and depression and by using all kinds of

destructive pills without a doctor's prescription or alcohol or destructive thoughts; one can damage these vital creeks on a daily basis.

It is ironic to know that in the early days of using these pills, alcohol or drugs, the person feels that they are strengthening his X system's creeks and he is enjoying a high level of freshness and ecstasy; but eventually, this gain causes the most damage and as time passes by, the systems in charge of producing and directing these creeks in the body, gradually dry out and stop their production. This is due to the fact that these intelligent systems feel that there is a flow of all kinds of intoxicants from outside of the body without any trouble and if the flow of these intoxicants is stopped, all kinds of withdrawal symptoms and illnesses occur. In reality, these external substances have replaced the natural creeks inside the body and their reconstruction can be both difficult and easy!

Residents: is it possible that someone's intellect line work properly while the other lines aren't?

Successor: this is impossible; because love, faith and the X system are born out of intellect's power and vice versa.

Even if such a person exist, the aspect of intellect in him has been mistaken with being thrifty or economical (meaning he or she is always after their own interest). We are dealing with a person who acts like a computer and lacks all kinds of emotions and in our view he is a one-dimensional creature.

Residents: how about love? Can a lover lack faith, intellect and the X system?

Successor: it seems that this is impossible as well; because intellect, faith and the X system are born out of love's power and vice versa. Even if such a person exists, love has been mistaken for infatuation in him. A lover who lacks faith and intellect is in complete delusion.

Residents: how about faith?

Successor: this is also impossible; because intellect, love and the X system are born out of faith's power and vice versa. Even if such a person exists, faith in him has been mistaken with bigotry and fanaticism. How can someone have faith but lack intellect, love and the X system?

Residents: thus the X system can't have any suitable output without love, intellect and faith.

Successor: yes, you are right. It is as if the Supreme Power or the creation based on justice, life's conditions, the human's selves or their good or bad actions, by controlling the X system, places them under a special mental, physical and spiritual circumstances.

In other words, obeying the universal wisdom and commandments and doing virtues strengthen the X system and in doing so the person is in a heavenly state and committing vices and disobedience of the universal commandments places the person in a hellish state and damages the X system; because changes in the X system (hormones and neurotransmitters) results in unconventional behaviors like men acting too feminine and vice versa or wise people acting crazy and vice versa.

Mad people act like wise, the cowards behave bravely and the braves behave cowardly, the depressed display joyous behavior and the happy people behave like the depressed, and eventually, the addicts display the behaviors of healthy people and healthy people act like the addicts.

Based on the wisdom of the Supreme Power and the previous records, some humans at birth have genes which have certain characteristics or shortcomings concerning the X system's creeks and streams. These humans within their life span are able to repair and reconstruct their X systems. Of course, they must find the right way to do so. Just remember, **knowledge is not sophisticated, everything has a key.**

Residents: we are grateful for your explanations; there is a saying that "a wise man never falls in love". In other words, intellect or wisdom is the opposite of love, what is your opinion?

Successor: love generally means the highest level of liking and affection towards the whole of creation and all the creatures, it is based on awareness and in a particular meaning love means the highest level of liking and affection towards a subject or an individual, also with awareness.

Now tell me how can someone fall in love based on ignorance and unawareness? If you fall in love in this way, you must know that it's not love; but it's something else.

Some have put love against intellect or intellect against faith or faith against love; whereas these three components are not against each other and even they complement one another to form a triangle which brings us peace, comfort

and bliss and guides us to the place where we have diverged from. In order to better understand this analogy, we can liken intellect to the brain, love to the heart, faith to the lungs and the X system to blood circulation, then we can realize that each one of them have their own importance and location and they complement and support one another. Eventually;

The wiser one is, the more love one has,

The more love one has, the stronger his faith is,

The stronger faith one has, the wiser one is.

My time is almost finished.

Residents: thank you; please explain the three-dimensional human being.

Successor: I'm not able to explain this, there must be more awareness and understanding between us otherwise you might think of me as mad, leave me alone!

Residents: just give us a brief explanation.

Successor: I will say only a little and mention certain things briefly and in reality; I'll open the discussion's gateway for evolution, creation, construction and operation. Whether some people know about this or others do not know or accept it, it is of no concern, the important thing is that significant keys are those which can open old locks so that ideas and essences are extracted from the prison of the body and commute in the universe and extraterrestrial and can be

of benefit to others. Below is the explanation of human nature.

In general, human being comprises of two components: the apparent attributes and the hidden attributes.

In the apparent attributes, in order for him to comprehend the world around him and continuation of life, he needs certain receptors which we refer to them as the five senses or the apparent senses which include: hearing, vision, smell, taste and touch. All the information are received by these five senses and are transferred to the intellect where they are analyzed and processed and a command is issued when necessary. Therefore, sense is the name of the book and intellect is the content or sense is the first force that activates the intellect.

If the information that is received is correct, then the intellect can make the right decision or understand the matter properly; otherwise, the intellect is not able to process or comprehend the issue. In other words, only when information is received by the intellect can the person understand an issue or a topic, whether by his own senses or with the help of tools, reasons and evidence.

About the three-dimensional human being; all the information and inputs are processed by the intellect also; but a point which not many people know is that a three-dimensional human being is aware that his hidden attributes also contain five hidden senses exactly the same as his apparent senses which are called the five external senses. This means that a three-dimensional human being can see

but not with the physical eyes, he can hear but not with the physical ears and so on.

Of course, all humans use their hidden or external senses uncontrollably in their sleep, but they do not believe in it themselves. However, the three-dimensional human being uses these external senses with his own free will under special, limited circumstances. In addition, he knows that there exists another sense which is called the eleventh sense and it acts as an interpreter or a medium between the five internal, apparent senses and the five external, hidden senses which most people recognize as the sixth sense.

Furthermore, he knows that besides this earthly body, he has six more bodies or figures and each has its own unique wavelength and vibration. Thus, the three-dimensional person is able to cross over the boundaries of time and space with the help of his other bodies and the hidden senses under special circumstances and establish a connection with other universes and obtain the necessary information and awareness. Differently put, he has the assistance of eleven senses and seven bodies to gather information for the intellect comparing with the two-dimensional person who only has one body and five internal senses. In these conditions, the three-dimensional human being is more equipped and has better tools and this is the reason why things that are very clear and understandable for him, are unacceptable and unbelievable for the two-dimensional humans.

Residents: if possible, please mention some of the characteristics of the three-dimensional human being.

Successor: his intellect, love, faith and the X system has reached the optimum stage.

He loves the creation, the world and all the creatures in it. He never claims to be three-dimensional. He never says that he understands more than the others. He never claims anything unrealistic. He never has weird or strange manners. He does not live in strange places or crypts. He lives among humans in the society. He lives very normally because he knows that there are still much more to learn; since the more you know makes you realize how little you know and he knows very well that **the end of each point is the beginning of another line.**

He knows that there are millions and millions of lines that he has not had the chance to begin yet and eventually; he knows, understands and realizes that, **the only thing that exists is love, without it, there are only empty containers.**

Obviously, substance abusers who, in their own imagination, are two, three, four or five dimensional are not included here and this is a sad, sinister joke which ends in a psychiatric ward, prison or suicide.

In the end, remember this, the universe is a resting place where, if one is not under the weight of different concerns, he can travel to the nearby galaxies and witness the creation, the existence, the force, the power and the endless energies like the strings of light; but there must be mental serenity and calmness.

Human being is always after new things. Nothing gets old, it only changes its appearance; like the different color clothing

that we wear. Envision the seasons, spring, summer, autumn and fall; nature in its own dimensions, has these kinds of changes.

Residents: what is Love? Please explain more.

Successor: give me some moments to rest, I'll continue the discussion later; I must ask for assistance from the Supreme Power!

The Fourteenth Valley

Love is the only true existence; all else are empty containers.

This is not just my own words, but the words of one individual among the infinite community of existence.

That is not easily believed by anyone unless they know what it truly means.

Drive the chariots throughout the indefinite realm because guardians of

*the heavens are in need of the events
on earth.*

*Pierce that which cannot be pierced;
Go into the heart of rock and separate
the compositions.*

When beliefs are blended with real love, one can feel the meaning of love and those who have never been in love are the empty containers.

The residents are standing in lines, while they are awaiting the return of the successor as he is about to return to the podium after a brief interval.

Successor enters while three “guardian angels” or “spirits” are walking with him.

The successor returns to the podium, a silence follows. Some of the residents look at the successor and his companions with eagerness and dismay.

Successor: I’m ready.

Residents: you were supposed to speak of love and affection.

Successor: alright, in the name of the human being who is a drop of the Supreme Power Ocean, I start the talk. Since the end of each point is the beginning of another line and today is the beginning of another line and the great divergence will take place and the fact that the topic of love is so vast and

immense and it contains many mysteries and secrets, three guardian angels accompany me today and each will give a sermon. As always in all the stages, the spirit will assist us with its unique delicateness and inspirations. Therefore, I ask of all the guardian angels to step up to the podium and give their sermons accordingly. At this time the first guardian angel takes his place at the podium.

The first sermon: the opposites

Guardian Angel: in the name of the Supreme Power, I'm Sardar, a guardian angel.

Residents: salute to Sardar. (In ancient Persia, Sardar means a wise General)

Sardar: I'm happy that an opportunity has arisen for me to be in your company and speak with you. Therefore, in order to save time, I'll start immediately.

For those who are caught up in vices and are not content in life, there are only two ways. Either they join the forces of truth who seek light and verity or they can wait until the destructive forces, with a great twister, lead them to the depth of darkness.

In order to know how the universe and universes rotate around key points and the place where the pillars are connected to and the details of human being's evolution, its beginning and completion, we must know about the opposites!

In this valley, the opposite forces to light and goodness is focused upon. These opposites are like a momentous force to

awaken humans, they create tumult and chaos so that humans pick up arms and fight the opposite side, because an ignorant individual wants to defend himself and others very quickly, but he is unaware that the opposite force is ready to create confusion and commotion out of the ignorant individuals in order to achieve its own wishes.

The opposites have a mission to create destructions from the beginning to the end; they invite the creation to commit bloodshed and corruption. However, the more knowledge, training and awareness one has, the less the effects of the opposite and little by little the individual gets closer to peace and bliss and the power of the dark forces is decreased gradually until almost zero and this path is very difficult but reachable.

The waves and that which has been created by Supreme Power's permission in the direction of evolution and all the positive forces whose structures have begun by divine spirit, find each other slowly from long distances and get connected to each other.

Waves of love in the universe also attract each other, meaning humans who have these positive attributes find each other and by grouping, they form a line which becomes longer as time goes by and reduces the size of destructive forces.

The stability and continuity of this phenomenon is like pure and clean oceans and rivers being created which serve as the food and strength of the righteous forces in every part of the world. Then love, this beautiful word, becomes meaningful and everyone will enjoy a positive mentality while hatred and

bloodshed become meaningless. They no longer wage wars because of food and shelter and when there is justice, everything is equally available for everyone.

When there is suffering, most of it is healed or even there would be no sufferings. This seed that has been planted by righteous training, not fully grown yet, will multiply endlessly until eventually, there are vast fields which are self-irrigated and their message is peace and this is their sign.

Vital efforts and endeavors will become so powerful like a gushing flood that gradually irrigate even the barren lands and turn them into fertile valleys and then the earth will become the great territory of God and you'll witness that which you've observed in nothingness.

Love which is the fourteenth valley will rotate in a way that all the spheres within the human being will be a song that makes the listener ecstatic.

When the Supreme Power was transmitting his words, he dispatched all that he created or was creating, to be orchestrated and these sounds are visible in his words, as if he wants to introduce all of his creation through his voice, therefore observe all that he's done and is going to do.

The existence is love and kindness; all creatures are love, even those that appear rough. Oceans and seas are love, mountains and clouds carry love for the creatures and vital rains which we need exudes from them, observe the sounds of all the tuneful birds, green valleys, lakes and the creatures in them, ice like crystals which reflect the divine colors

differently and even words are not able to express it, the air that guarantees us being alive. Watch them!

Life is beautiful, inside and outside of nature, spheres that rotate like the butterfly and are not joined to anything, because they are connected to the Supreme Power and are guided by him.

God is love itself, God is kindness itself, and God is life itself. He who presented everything to his creation, human beings; he has appointed a sun for life and guidance to find the path so that one does not surrender to darkness, to apply what they have within which they cannot see and what is on the surface which they see only a little of and always keep their connection with existence and have unity in heart and speech in order to find eternal peace and salvation and know that closed doors will be opened one day just like the black hearts.

What you have planted will grow and make all the valleys green, no humans will die of hunger, the move must be made and the steps strengthened. There is not much distance from being awake until alertness, but we humans, must have patience, for each of us, a new step is destined in universe which is to combine with light.

My dear ones, my time is up and I will end my speech right here, I thank all of you for listening to me, till next time.

Farewell!

There after Sardar bows slightly to the residents and leaves the podium to the next guardian angel while the residents are in deep thoughts and staring silently at the guardian.

The second sermon: the waves

Guardian Angel: in the name of love's waves which belongs to Him, greetings, I'm White Eagle, a guardian angel.

Residents: greetings to White Eagle.

White Eagle: I'm also delighted to have this opportunity to speak to you all. The talk is about love, I must say that the core of the universe and existence is founded on love.

I mentioned the core because the human being also has a core which is called the heart. Heart is love's abode and when someone is sad or in love, he puts his hand on his heart. The physical system of the body, intellect and faith take command from the heart as well. To probe the universe, we need love and kindness.

The waves with their visible or sometimes invisible pull, contain the primary property which land on earth like golden rays and these rays combine with the hidden rays in the galaxies that manifest in every being; due to this combination, the intensity is increased and the application of these forces begin according to a special plan or command.

For example, these forces reach an individual so as to be applied as command demands accordingly. The universe is

built in this manner since to construct, we need these great forces and this force is love which the Supreme Power has used in our creation.

We must realize how important and amazing this matter is and if we expand it, we can observe the work of the omnipotent. What kind of a seed does he need to plant in order to maintain the existence permanently; as a result he needs many commanders to resist the threat of dark forces.

The righteous forces seem to vanish or decline but the kind creator, again and again, returns them to the cycle of life. In other words, he gives them many chances to gain the required knowledge and learn the true meaning of loving and being loved.

These are signs of life and life is manifestation of love.

Dying is love and rebirth is love.

All the things that we discover, learn and transfer in every aspect and field of life, all the researchers, discoverers, teachers, experts, doctors, masters, consultants, social workers, officials... all that we learn and then teach others is love.

If there was no love in them, who or what could have made them travel the earth, seas and jungles and bear all those hardships not for themselves but in order to serve humanity and future generations.

No my dears, all these progress have come about voluntarily and not by force, there is a driving force behind them which is the righteous force and we attract and save these golden

waves with every part of our being and combine them with positive intellect and then apply them for betterment of humanity.

As you can see, particles of love are commuting all over our body giving us the strength to move and each day that passes by it finds more permanency and as we come and go more and more, we get closer to the center of the circle and not only we feel closer to other human beings and creatures, we feel one with the trees, the flowing streams, the breeze of the valleys and mountains... we enjoy their company and their presence and we feel the need to safeguard these vital assets of life, plant more trees and take good care of them. Right upon entering, I came across the waves and they also express a kind of love.

Imagine if there was no connection between the creatures, could they be with one another and multiply and communicate? You would definitely say no!

Therefore, the beginning of everything was this great feeling which the Supreme Power placed in our hearts and prepared us for a long journey. How could we take love which is the foundation of all things for granted?

All that you need to know has been mentioned in previous valleys and today he wants to record the conclusion in the valley of love so that it's engraved in the hearts and applied in everyday life. In other words, structures are built, rebuilt and repaired and old heart wounds which have come about as a result of cruelties, lack of attention, unintentional disregards and unkindness are healed and heavens are built.

With the movement of the past few years, the foundation has been built on earth and the heavens and with the evolution of mind; you all will know the repercussions. Thus, some of you might have realized the importance of this and others will do so in the future that love means leaving one's self and all that he has given us and flying in the infinite or it means sacrifice with awareness and realizing the existence and the share that each one of us have in it, to give love which is the essence of our being.

Is it possible to share the essence of a being? Is it possible to share the value which is stored within with others to make them happy?

If someone can make all these sacrifices then he is in love, a universal love which has filled up his or her container. Something like this cannot be found in paradise. When you giveaway, its atmosphere becomes fragrant, bright, beautiful and spruce.

What is more beautiful than a true love?! What do you call this act?

Love makes the postures upright; it purifies the mind and strengthens human's life for better choices, it redirects the creative individual to learn all the available knowledge.

What are we after? Perhaps we don't know its meaning! That's why some of us are still wandering!

Now when we are talking about vices, their nature is not changed, only their proliferation can lead to the destruction of existence and as a result we cannot understand the value of love and its gift to humanity.

Now, what should we do about the misleading forces who are trying to misguide our thoughts? Or the vermin that are after destruction?

Should we increase the number of guardians or should we build higher walls around ourselves? No, it's impossible. We apply the same method that you do which is to provide training and education, but you cannot educate a vermin, because their job is to destroy, aphids destroy plants and they cannot be educated.

But the important point is that we are not able to distinguish the nature of human beings prior to training and education; therefore everyone must equally enjoy the benefit of knowledge. However, human beings who are after destruction and vices even though they have received the optimum trainings are strangers to love and kindness. These individuals should be given plenty of opportunities to make amends and if they still insist on their ways, they must be left alone till a point when their thoughts are awoken and change for the better.

Eventually, you put the words next to each other, you make the house and you plant the flowers, thus plant and build in a way so that it is impenetrable to destructive forces. It is difficult but doable, my time is up and I shall end my speech with these words: **without love, one cannot talk about love.** I, myself, am a lover and will be forever.

Farewell!

At this time the White Eagle leaves the podium and the third guardian angel takes his place. The residents are told to ask any questions that they might have from the Successor at an appropriate timing.

The third sermon: Love's Chains

Guardian: in the name of the first lover which is Him, greetings everyone, I'm Ra'd, a guardian angel.

Residents: greetings upon you Ra'd! (In Persian, Ra'd means thunder).

Ra'd: I have overjoyed the words of the guardians and seeing you all over here, I've been summoned here today to speak of love. Thus, I have to go deep within myself and review all my lifetimes and eras and unveil all that happened to me in the infinite, depicting all the ugliness and beauties so that the lips begin to speak.

Love begins with affection, it is boundless and explosive; love is a word with layered meanings, it starts slowly and continues on and gradually the meaning of compassion appears and eventually leads to sincerity.

Daf and flute are musical instruments, but what can they say without a musician?

Of everything and nothing, they must learn the alphabet so that they can write.

Love cannot be described; love is not of body, of touch, of speech or agreements and has no boundaries.

Love is not comparable to anything; love is crossing, going and returning and once again going, returning and evolving, love is joining the Supreme Power whom we are all of him.

Love is that Supreme Being, constantly with us who has manifested in various forms during countless rotations and we will reach him only when we have become perfect which means becoming him.

Love is neither the body nor the soul.

Love is what we have with us when we come into existence, the core of this existence.

How can we be all these things at some point; to be the Supreme Power when in fact only a drop of his existence has been placed in our being as safekeeping and this very drop makes us a part of his eternal existence and if we become that, then only we become a human being.

To be human means to be grateful to life, creation, creator, it's the meaning of the fourteenth valley. Now tell me if this path is easy, to forgive someone who has done you wrong or leaving one's self on the way to the universe within or flying consciously to the infinite depths of existence.

That's right, it is very difficult indeed but it can be done.

Maybe some are surprised or others are astonished that our universe and other universes distant themselves from darkness, but the book of love can never be closed and these

circles, while helping the infinite radiuses increase, are intertwined with the meaning that they commenced with; its vastness is increased more and more and the destructive forces decline due to love's expansion and the real essence of mankind will be revealed more and more.

Love's chains are strengthened day by day, transmissions in the form of small particles find each other so as to become an army which deter the dark forces and carry out the command.

The alphabets of the valleys which carry the righteous message fly like butterflies on the waves of water and from far distances they reach everyone and pass the torch of love which is the source of light and guidance to every nation and tribe and this movement is the expression of the event which has to take place.

How can anyone prevent light, sound and sense from being expressed, this is his word which is deep-rooted in love and will pass through different borders and unite with those who yearn for it.

In truth, the word love is the foundation of existence and when in love, with all the difficulties, one can learn what he was, is and will be in the future.

I'm truly sorry because I haven't been able to teach the real meaning of love to others, but I'm not sad as the universe is on the move and chooses that which has to remain in this circle of love.

This subject is so magnificent that for thousands of years we come following each other and tolerate all the hardships in order to pass a drop of this vast ocean to each other.

How fortunate he is who gives and does not wait for the return just like the Supreme Power who only observes, it is indeed very valuable to give and not take back unless there is ingratitude.

When the creature (human being) is on the right path, the Supreme Power will make his every step into a bed of roses where with the smallest breeze, wonderful fragrance fills the air, feels heaven with all his being and flies together with the existence; his eyes observe even in sleep and enjoys visiting the other divine phenomenal.

Darkness and obscurity is meaningless to him, he bows down to creation at every moment and is grateful to the creator of love. These words might be laughable at the moment.

The lover and what is within him, is the only investment in the world where generosity increases the capital, at that time you all can see that being drowned in love means arriving at the truth which is monotheism.

My dears, since my time is up, I only have something to say to the person who writes and he knows it himself, if you want to write, write with power and know that from within, with more generosity you can command the pen and since your pen carries your command, it'll be like a sharp sword upon the thirsty hearts, instead of tearing apart, it will quench their thirst and from that a universe shall turn into a garden and you know very well that being real has no lesson.

Farewell!

At this time Ra'd leaves the podium and together with the other guardians and the Spirit leaves the meeting and then the successor returns to the podium. The residents are in deep contemplation and are not sure how to react to the events that just took place.

Successor: greetings, I think this would be the last meeting between us where I answer your questions and thereafter we must part ways to carry out our missions. I'm not sure where and when would be our next gathering, because only the Supreme Power knows that. Therefore, I shall continue my discussion on love as I had promised before.

What can I say about love? One of its meanings is longing for union and union is the key to gather the creation and all the creatures around each other and creating life and this is the power of love which has mobilized the creation in its visible and hidden attributes. Love is so vital that life without it is stagnant and a silent death.

Supreme Power is all love and existence is all love. Love does not distinguish between king and beggar, beautiful and ugly, atheist and faithful, black and white, educated and illiterate... love knows no boundaries.

Existence is floating in the infinite ocean of love, it is as if love is a container that has the whole existence in it and prevents it from separation.

Love's waves are everywhere; just extend your hand, but a hand free from hatred, jealousy, revenge and vengeance, love is in your hands.

You can reject love if you want, but love will never reject you as everyone is immersed in love.

The water that we drink, the food that we eat and the air that we breathe have been provided for us due to love's command.

What else can I say about love? Love has accepted the opposites with open arms and on the path of evolution, has manifested itself in various forms so that life would be sweet and eternal.

Love is the flower and its thorn, union and separation, fire and light, fire and ashes, kindness and rage, despair and hope, yearning and anxiety, amazement and joy and sometimes it is blood and sword and eventually it is the pain and the remedy.

What more can I say, love appears to be burning, not to become ashes but to become light, to understand, to live and to love.

Sometimes, love is like walking on hot, burning stones. However, when you are in love these molten rocks turn into soft, delicate leaves under your feet. Due to the power of love you will feel the burning effect of fire in another way and this is the magic of the great love architect.

What more can I say of love, when the Supreme Power was overflowing with love and affection, in order to display his

love, he commanded love's waves to be positioned in the hearts of every particle and then in the most magnificent manner he attempted to create the universes and creatures to reveal his self.

Residents: why did the Supreme Power decide to create the universes and creatures to express his love?

Successor: the cosmic universe is love's arena and the creatures, its domicile and affection, its tools and sign; therefore, the Supreme Power has created the creation to express his love so that life manifests with wonderful diversity and variety on earth, sky, valleys, seas, mountains and deserts.

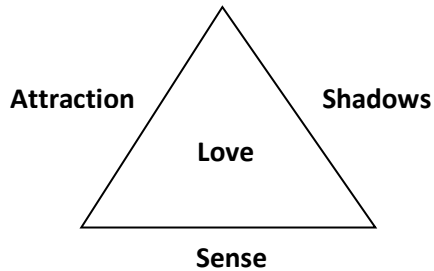
Let's elaborate more on love by drawing up love's triangle; to understand love better we must know the components it is made up of.

Residents: what is love's triangle?

Successor: this triangle has three sides and they are:

- a) Shadows
- b) Attraction
- c) Sense

The shadows:



In order for love to appear, the first condition is that there must be something to give a meaning to the lover and the beloved. Of course, that something could be in the material or spiritual dimension, there must be something and makes no difference where and we call this something, shadows. Therefore, shadow is one of the main axes of love. With no shadows, there would be no love. In other words, without shadows, love makes no meaning; that's why the Supreme Power created the creatures so that love is manifested in the whole creation.

Residents: why do you say shadows and not shadow? Does every creature have more than one body?

Successor: yes, each creature has more than one body as it has visible and invisible attributes. Since both visible and invisible attributes have their own separate bodies, with unique wavelengths and vibrations, we say shadows. For example, the shadow of the visible attribute of a person is his physical body and the shadow of his invisible attributes could be his self, soul and intellect.

Now, those who believe that human being is only his physical body and life after death and soul do not exist, can consider the physical body when awake as the first shadow and the body that they observe in sleep as the second shadow.

Now since love can be felt in the physical body, soul and the other bodies of the human being, we say shadows. If you still insist that there are no shadows and we must say shadow you can believe in whatever you like but I want to declare to all the lovers that when the physical body of the human being is perished, love continues its existence in the second shadow and other shadows.

That's why I'm saying love has neither beginning nor an end and we come, following one another to know the things we don't know and sometimes also we follow each other to find our lost love once again.

Now I want to talk about the other components of love.

Residents: we still have questions about the shadows.

Successor: there's little time left and the scroll is limited, if I talk till eternity there would still be new questions, be patient, they will be answered in future writings.

Residents: alright then, explain the second part of love.

Successor:

Attraction: whenever something pulls another thing towards itself, that pulling force is called the force of attraction and when the opposite of this happens, it is repulsion.

In order to understand this better, look at this image.

At this time the successor raises his hand and shows the victory sign. Look!

The Projection: in fall or season of falling leaves, with the best colorful display, in a forest where the ground is filled with fallen leaves from the trees, everything appears to be calm, there is a big fan on the ground which is for a great experiment, it works in a way that when it turns towards the left direction (counterclockwise) it acts like a ventilator.

The first experiment, power of attraction:

Once the fan starts turning in the left direction, it pulls all the leaves which are close by up to a distance that it has the strength for, in this situation we observe the power of attraction of the fan.

The second experiment, power of repulsion:

Now the fan is turning towards the right direction (clockwise). This time the fan blows away all the leaves and acts like a blower, we observe the power of repulsion.

End of the projection.

Successor: in this projection we observed that the fan was stationary. What factor caused attraction at one stage and repulsion in the other stage?

Residents: the direction of turning.

Successor: yes, certainly it was the direction of turning. Human beings are similar as well, although they are independence and stable, with a change of direction in thought, worldview and behavior; they can live in a way so as

to have a powerful attraction or a whole lot of repulsion and this solely depends on wisdom and outlook on life.

In other words, if you look at the best of humans negatively, you can find many flaws in them and even if you don't find any flaws, you'll justify or imagine some; the same goes for the opposite, if you look at the worst humans positively, you will find certain decent attributes in them and this depends on the difference of perception.

Now, we'll go back to attraction. We mentioned that everything in creation has a power to attract and anything that has attraction also has the power of repulsion. Of course, it depends on each individual's standpoint to react to different issues and situations and these reactions determine the power of attraction or repulsion.

In the example of the fan, while there was the power of attraction in front of the fan which acted as air suction, there was repulsion behind it which acted as a fan.

Residents: if the Supreme Power created the universe based only on the power of attraction and there were no repulsions, wouldn't there be peace and harmony everywhere? Wouldn't it have made our jobs, yours and his much easier?

Successor while smiling: the whole creation of the Supreme Power is based on knowledge and science; nothing gets done without precise planning. If there were no repulsions in the universe, in a matter of seconds all that there were in creation, from plants, animals and human beings would get stuck on each other and wouldn't be able to let go. Now just

imagine how that would be and what sort of universe we might have had.

Residents: alright, we realized the consequences. Where do the solids get their power of attraction from?

Successor: imagine a piece of rock, it looks stationary but inside of it there are billions of small fans called Electrons which are turning and as a result of their constant turning, power of attraction is created. This of course, is not visible to the human eye but it is much more visible in bigger objects such as the Sun or the Moon.

Of course in a black hole this fan works like a jet engine! Because of its high mass.

Residents: you say that there are small fans or engines in solids that are turning which cause either attraction or repulsion, how do you explain this in regards to human beings?

Successor: these engines also exist in humans in a way and are very active. For example, if they attract kindness, they will definitely repel rage. If they attract hatred, they will certainly repel love. If they attract anxiety, they'll repel peace, and if they attract light, they'll push away darkness and so on. Therefore, if they attract alcohol and negative thoughts, they'll definitely repel many virtues.

Residents: what is a practical solution to adjust these engines in a way so as to attract the most virtues?

Successor: just like how dirty and polluted water is turned into clean and pure water by purification. In order to

transform a depressed, disturbed person into a calm, cheerful individual, there is only one way and that is through cleansing and purification which is not done instantaneously, it cannot be done in one day or through a magical chant or potion and or even miracle. It takes time and it is gradual and it can only be accomplished through the proper training, education and by gaining the necessary experience, awareness and deep reflection.

Humanity must know that there is a price to pay for achieving peace, comfort, happiness and love and last but not the least, he must know that to gain all those beautiful things, he must only rely on himself and no one else; if he doesn't attempt to do this purification himself, there isn't a single method or remedy which would guarantee the end results. No one can arrive at virtues through vices.

If we look closer in creation, we can observe the power of attraction in various shapes and forms, like a flower, a painting, a human being, a song, a piece of jewelry, a sandwich, a mathematic formula, flight of birds in sky, a flowing stream in the mountains, sound of waves in the ocean or even flies over the garbage.

Therefore, all creatures whether in their visible attributes or invisible attributes have a power of attraction so as to attract their desires and wishes and they are constantly doing that in different forms and shapes.

Residents: what kind of an attraction does a fly have?

Successor: that's a good question. Here we come across something that leads to the third or final part of love so as to complete the drawing of love's triangle.

If you want to understand the attraction of a fly, you must become a fly yourself, a fly that knows when another fly is flirting with it, this means feeling something with all senses.

Residents: please explain the third component of love.

Successor: the third side of this triangle is sense, we also mentioned that in order to love, there must be something which we named shadow; every shadow has a power of attraction but it cannot attract everything unless that thing is of the same essence, we said that only a fly can feel the attraction towards another fly. Let's pay attention to the following message to better understand the foundation of existence; this is for individuals who desire true knowledge to ascend:

Message:

heart's yearning is needed to realize all that there is; intuition gives it form and when it manifests into an image, constant refinements strengthens the visions; however, we research this saying in a different way which means sense or feeling; sense is like the Supreme Power, evident throughout the existence and non-existence , but invisible. It can be felt by its own genre.

Residents: we must contemplate on this message for a while to understand it better, but you tell us what sense is.

Successor: to give a brief and simple definition of sense I can say that it is a receiver; it exists in various shapes and forms; if sense did not exist in this universe and other universes, there would be no structures at all.

For instance, how could humans and animals continue their lives without having the five senses of hearing, vision, taste, touch and smell?

If plants did not have senses, they could not recognize heat and cold in order to bear fruits or solids couldn't establish their atoms.

In other words, all creatures, waves and particles in creation and cosmos, are able to gather information through their senses and this enables them to adapt perfectly to their environment.

Residents: as you said all humans have the five senses and power of attraction; what determining factor exists in love that decides who receives its waves, fall in love and be loved compared to those who don't?

Successor: that is a great question; I'll try to answer briefly.

Firstly, we mentioned that sense is a receiver and it's the force that initiates the operation of intellect, faith and love. All perceptions are transferred by senses to the brain and after careful assessment and processing, a reaction is implemented.

We can say that sense is like a title of a book and love, intellect and faith are the content of this book; considering that attraction and sense differ in people, thus assessment,

processing and reaction differ as well and this is the reason that someone falls in love with another person while others are indifferent towards that individual.

Secondly, every human being has five hidden or external senses in addition to the five senses and there's a sixth sense which we refer to as the eleventh sense and it plays an important role when it comes to love.

Residents: could you explain more about these external or invisible senses?

Successor: speaking of matters that are invisible or untouchable or lack physical proofs and cannot be proven by physical formulas, is very difficult; talking about the invisible senses of human beings is a very delicate and complicated matter, but I will state my belief and the rest is up to you.

If you don't have senses, no motion can take place whether awake or in sleep.

The instrument of contemplation is not always by your will, you stare into nothingness for a moment, and it appears that you are looking with your eyes, but it's not like that.

You travel to other places and times in the past, present and future and then return. When you look at the time you realize only a few moments has passed but it appears as though in other dimensions, ages has gone by. Thus, thought and reflection didn't have a role in here, only their existence in your body created this phenomenon.

How can you justify travelling to these times and places and witnessing all these events while asleep or awake? If you

think clearly you would know that the forces which take you to these places and back are the external senses in action. It's like someone who has certain ability and only uses it according to divine command. All the information that we receives isn't available for us and it gets stored in our unconscious because they are not compatible with our environment and may cause certain problems.

Therefore, our five external senses do not need an instrument. Sense can travel in the universe and act as a journalist and gather information for the intellect and this is carried out through the other bodies of a human being, I cannot explain more than this. Let's get back to the main discussion.

When the Supreme Power commanded that love be inspired in all the particles, the shadows were formed as time went by and thereafter, power of attraction came about; particles, shadows and sense which were of the same substance gathered around each other and attracted one another in order to create love triangle and thus, existence was formed.

Therefore to form the triangle of love three components are necessary: shadows, attraction, and sense.

Residents: under these conditions, all human beings have sense, shadow and attraction so they all can love and be in love, but in reality this does not happen!

Successor: you are right, there are many men and women who are like that, some more than the others and vice versa but we can say with certainty that there are no unattractive individuals. Maybe someone seems unattractive to some

people, but this person is very attractive for some other people, it depends on the waves, the source and the receiver. Sense is invisible but sensible.

You said that anyone can fall in love but in reality this is not true; why are some individuals unable to hear the song of love in their hearts? Let me explain this with a projection.

There was a lion who was the king of a beautiful forest. One night his advisors suggested having an art festival to promote a greater level of cultural standard in the forest. The king accepted and soon after, the announcement was made and everyone gathered for a rehearsal.

The successor raised his fingers in a V sign and asked the residents to watch the projection.

Projection: It's the rehearsal day; all the animals have gathered in the main square, the peewit is leading a group of nightingales who have formed a choir and are practicing; butterflies are dancing in a group and displaying their colorful wings; the peacock is showing off his magnificent colors; swallows are playing the guitar, doves are playing the violin, frogs the piano, grasshoppers the harmonica and the pigeons are playing the harp, the dorbeetle is improvising on the flute and the dragonflies are skipping.

All the animals, birds and insects performed wonderfully in the rehearsal and went back to their homes.

End of the projection.

Successor: you watched the rehearsal, now is time to open the ceremony so watch the second projection.

Second projection: the clamor of excitement is heard among the spectators, the performers are positioned near the square in an organized manner, the king with an elegant cape and a golden crown gets seated in the special podium along with the other VIP guests. The king stands up and with his hand gestures the start of the festival, the trumpets play the opening song.

The performers come to the center field and take their place, the pewit as the leader of the choir raises his hand to commence the symphony. Suddenly, a loud noise from another group in the corner of the field is heard. This group had come uninvited and wasn't involved in the program!

In this group the elephants were supposed to play trumpets with their trunks which they forgot due to their anxiety, the hyenas bit them to remind them of this, the elephants began to scream since they were in so much pain which was combined with the howling of the hyenas, it was a deafening roar.

Bears began drumming with excitement, vultures riding on the back of jackals started to play polo, using swords and knives, gorillas began a deadly martial arts game which caused a lot of injuries.

Donkeys, zebras and camels that were seated in the stands calmly and were eating popcorn and chips, suddenly went on a stampede because foxes threw some firecrackers under their feet. They broke the barriers and ran into the field and a full blown chaos began. There was so much dust in the air that nothing could be seen and it was so noisy that nothing

could be heard, it was as if a huge earthquake had taken place.

End of the second projection.

The successor brings down his hand and looks at the residents.

Residents: it was an interesting play but explain the conclusion.

Successor: I was expecting this question. Of course, we respect all creatures but for this play I had to categorize them. The first group was the symbol of a group who displayed the waves of love's attraction and the second group while creating chaos and disturbances, suffocated these delicate waves in a way that sense was unable to receive the sound of love.

In this play, the second group had created such confusion that power of attraction and sense were greatly affected. Does the howling of hyenas, trumpets of elephant, vultures playing polo and drumming of bears allow you to receive love's waves or hear doves and pigeons playing violin and harp?

Do you think the army of ignorance, hatred, vengeance, deception, arrogance, selfishness, material obsession and fear will tolerate love's triangle and permit it to send and receive its messages?

Do you think they will allow love's forces like compassion, forgiveness, friendship, sacrifice, honesty, bravery and integrity to operate freely?

How could a human being under the crushing influence of alcoholism and negative thoughts hear the beauty of love's waves or even send them?

Residents: how could anyone stop these destructive waves so as to hear the sound of love?

Successor:

The brief answer is: with knowledge, awareness and wisdom.

Imagine you are in love but after sometime you realize that your lover words were all lies or your partner is a decent, faithful person but some associates of yours deceive you and turn you both against each other, you feel that your lover is dishonest and has cheated on you. What do you think is going to happen? What factors played a key role here?

Residents: certainly if loves turn into hatred, it will decline and the awareness and knowledge played a key role here.

Successor: that's right, we can conclude that knowledge, awareness and wisdom play a crucial role in love and they are vital foundations of love. Of course, the X system always plays its vital role!

Residents: what is the mechanism in attraction or love between the opposite sexes?

Successor: as I mentioned before, throughout existence and non-existence all the shadows are sending out their attraction waves. Therefore, every human being, based on his or her physical structure and appearance, information,

characteristics, intellect, faith and desires, consciously or unconsciously are sending and receiving these waves.

In the beginning, these waves act like bright rays of light coming out of a light source. This is the stage where lover and the beloved are yet to be designated, as love progresses these rays of light are focused on a specific point. Imagine person A is sending out his attraction waves consciously or unconsciously in a place with other human beings (these waves are invisible to human's eyes), there could be different outcomes, maybe no one receives these waves or some receive but don't respond or someone responds but the source is undesirable to person A; up to this point there hasn't been a two way connection yet.

Until a day where a person B receives the attraction waves of person A and since person B finds it very desirable, he or she immediately send out a positive response. In this situation person A receives the response with his sense and feels a very pleasant vibration at his heart and thus sends back a positive response to person B.

With these exchanges between the two parties involved, the first sparkle of love takes place between them and they enter a new stage. They talk with and see each other more often and if the communications are pleasant enough for both of them, gradually affection appears in the relationship and as time goes by, this affection turns into real love given the fact that it's based on trust, respect and the knowledge that both parties are honest at all times. Under these conditions, real love between two people has taken place and we call this, love between two humans.

Residents: is there another kind of love besides what you just mentioned?

Successor: a great sage once said: “if you don’t have love for the creator, find love for the creature so as to realize the true meaning of love. The lover’s only concern is with love and not the beloved.”

That’s right, there is another kind of love which is being in love with the Supreme Power and since he has manifested in the entire existence and creation, being in love with him means loving all the shadows throughout creation and this happens when the individual has reached the optimum stage in intellect, faith, love and the X system and has experienced the love for creatures fully. Whether his love is in the invisible attributes of existence or the visible attributes makes no difference.

Here the individual has reached a level of knowledge and awareness that he has a special understanding of the universe and recognizes the pillars that keep it together. At this stage, this person has gone beyond an earthly love and experiences a divine love and this is where the saying “the lover’s only concern is love and not his beloved” comes into play.

At this stage, the lover shines like the sun in creation, equally and unconditionally loves everything and everyone and expects nothing in return. He serves other people as much as he can, the more he loves and serves the more love he receives. He or she is cheerful and energetic and all that he observes and experiences are manifestations of the Supreme Power.

Residents: at this stage, the person can love both the Supreme Power and another human being?

Successor: there is no contradiction here since the lover knows his beloved as manifestation of the Supreme Power, recognizes his earthly love as the divine love wearing a physical garment.

Residents: is it possible that someone loves the Supreme Power but not his creatures or is indifferent towards them?

Successor: if someone claims he is in love with the Supreme Power but he can't stand his creation, he is deluded and I believe that this claim is a lie. It was said that for love to be expressed shadows must exist so that love can manifest in them; without the existence of shadows, no love can come into existence. Therefore, what are the shadows of the Supreme Power and where are they? How is it that we fell in love with him? Isn't it true that all the creatures in the universe are shadows of the Supreme Power?

Therefore, the gateways of entering into God's heart are the heart of human beings, all creatures and the entire existence. Can you cook thousands of the best meals in the world and throw them into a well to make the Supreme Power happy? Certainly you say that only the insane would do such a thing, the food must be distributed among those who are in need of that food. Now, how could anyone be in love with God and not have any use and benefits for his creatures? The sane intellect commands that love for God must be shared among his creatures unconditionally.

A wise man said: **hands that offer assistance are more sacred than lips which say prayers.**

Thus if someone says that he only loves God and not his creation and if he can he'll harm others, even if he is constantly praying and worshipping God, in my belief he is completely lost and misled.

The pathway to creator's love is unconditional love towards his creation.

True worship lies only in serving others not in prayers, customs and religious ceremonies.

Residents: is there a higher level of love?

Successor: yes there is, it is the love of the Supreme Power for his creation. To get to this stage, one must have experienced the first two stages and be prepared to sacrifice everything. At this stage the person is so in love with the Supreme Power that if he has one hundred lives he would sacrifice them for his beloved to pay the price of this love; he would be able to pass through the most difficult situations or would be guided through. He would uphold righteousness and truth and always stand by them.

He loves the whole creation without even trying to, he is in peace without even trying to be in peace, he loves all human beings without even trying to love them, he helps everyone without even trying to help, he shines like the sun, equally on everything and everyone without even trying to do so, for the sun it makes no difference where she is shining on, flower or the thorn.

At this stage, the lover and the beloved become one and united; you, who have been a lover up to now, are both lover and the beloved, because here, the Supreme Power loves you and his love within you, causes his creatures to fall in love with you. You see yourself in others and you want to assist them in any ways you can, to help them get through difficult stages in their lives and achieve peace and comfort; others see signs of the Supreme Power in you, they want to benefit from your path, your words and your ways to become closer to the creator.

You'll get to know a part of your invisible attributes through your faith, intellect, love, the X system and the knowledge and science that you have achieved, you will continue your life naturally whether on earth or in the heavens and you have your private life just like other human beings, you are prepared to serve others under any circumstances and you continue to do your best as a teacher or a mentor, you are ready to carry out the command, whatever and wherever it may be, in hell or heaven makes no difference to you since you have surrendered completely to the Supreme Power.

Residents: your descriptions of love shows that love has a very high rank and importance and not everyone is able to understand its significance. Then how could all the human beings benefit from it? It seems unattainable.

Successor: love is flowing through all creatures including human beings in a variety of different forms and shapes and is constantly bringing them closer to each other. It is the subsistence of existence and creation because all the creatures are connected by the particles of love through

shadows, attraction and sense and the name of this connection is love. Even if this pull or loving is felt for a short period; I don't think we can say that since the connection has been for a short time, it's not love. I believe it is love but a short, passing phase of love. In other words, if you strike a match in complete darkness we cannot say that there was no light or that it was an illusion, there has been a little light but it was very weak.

Therefore, we cannot say that love is only exclusive to certain people or special groups or myths, love doesn't belong to anyone exclusively because all creation is living in love and practicing love to arrive at a higher love, everything and everyone are immersed in love as existence is immersed in love.

The rays of love are shining on all things equally, like the sun and each being receives according to its capacity, the rays of love shine on even the most violent and dangerous individuals and their hearts even though cruel, beat restlessly for their loved ones. Love pierces through their cold hearts and creates a small window and hides in there till the day of manifestation when the sweet taste of its beauty is experienced and they'll know how salubrious love is.

The residents stare in disbelief at the successor and ask: you said that a love without intellect and faith is infatuation, but now you're saying something else!

The successor looks at the residents while being astonished himself and says: I'm not even sure who is talking through me at the moment; I've spoken about the boundlessness of love before and I was stationed in the valleys where forces of

intellect and faith controlled me, it was as if I was a drunken camel overflowing with love and in order to restrain me two ropes of intellect and faith were passed through my nostrils so that my notorious reputation wouldn't be heard by all and others think of me as mad and insane. I had to behave in such a way so that my feet were steadfast on the ground and wouldn't dance up in the air with my head on the gallows, so that I have the opportunity to express these views.

However, what can I do now when I'm in the valley of love and the power of love is stronger than me and it has turned me into an intoxicated lover; love gives me no choice and will assist me to break the lock of its own prison so that love would escape the prison of exclusiveness and thus I shall scream at the top of my voice on the peak of high mountains and skies: **love belongs to all humans, it belongs to the entire existence and all the creatures.**

God is love, life is love, being and not being is love, hell and heaven is love, man and woman is love, young and old is love, all the children of the world are love, all the homeless of the world are love, all the addicts of the world are love, all the hungry people of the world are love, all the sick people in the world are love, all the individuals who strive to assist the poor,

hungry, homeless, addicts and the sick are love, all the solids, plants and animals are love, the earth, the sky, the existence and non-existence are love and they are immersed in love so that they shall know love has no special position or location, anyone with any characteristics and at any position can be the host to love's waves and taste the sweetness of love, it just requires the heart's gates to be open.

At this time, the successor was speaking like a drunken camel that has broken the halter foaming at the mouth; he was under the intensity of love's waves which were talking through him. He was so under their control that he could not bear the intensity and passed out on the ground.

Silence took over and no one moved, after a few minutes he got up. The color in his face had changed and calmly said: I'm grateful for the opportunity to speak to you all; my time is finished right now. I have to inform you that in a few minutes, in the presence of the Supreme Power, light which was pregnant with darkness will designate his child and afterwards the great divergence will take place and immediately a pact with the Supreme Power will be made. Thereafter, another life begins in a different way and this cycle shall continue on and after many ups and downs and

attaining valuable knowledge, training, education and experience, once again in another lifetime we shall return to this point which we have diverged from.

Farewell!

An Ode to the Book of Love

Over fifteen years ago, when I started to write an introduction to "Passing through the Area of 60 Degrees below Zero" (which is now in its 20th edition), I never thought that a family for which we

would have never anticipated a bright future, now is considered as the source of inspiration and hope.

In that time, no one took us seriously and I was worried if those secrets (my father's addiction) were revealed, we would lose our face. Our face was partially damaged due to my father's addiction and bankruptcy, and I thought we would never be able to hold our head up high after publishing the book of *Passing through the Area of 60 Degrees below Zero*. I thought we would live in shame all life.

However, the Lord's Merci was beyond our imagination.

We lit our last match in the darkness and cold, so that the message (of liberation) was broadcast to people who were seeking for a way to cure addiction and get rid of this pain. We wanted to publicize the news that it was possible to get out of the darkest point of hell, even if our dreams had been buried under the ashes.

My father asked me to write a bio to the book of *Love*. This time, I accepted to write it without doubt and with great happiness.

Knowing addiction disease was the point of departure to treat many unknown mental, psychological, and physical diseases. The fountain

of immortality was hidden in the land of cold and darkness. However, discovering *gradual addiction treatment* based on DST (Dezhakam Step Time) method, my father presented a Master Key to unlock countless locks. This Master Key is encapsulated in the 14 valleys of the book of Love.

We are not alone today! Due to the Lord's mercy, my family along with thousands of other families are celebrating their return to the cycle of life.

The 14 valleys in the book of Love are like firm bridges which are built on the top of deep valleys of ignorance and selfishness, bigotry and arrogance, despair and panic, and, anger and insanity so that we do not experience unreasonable, sudden and dangerous fall and rise in the path, which is located between the world of darkness and light.

A time will come when a great power is induced by these unified words. These words act like magic which makes coordinate connections and build safe, secured and immortal places from storms and fiery tornados, so that a pure and hopeful bed is prepared for the forces of induction, revivification and mobility.

That day, the lump in throats and hearts will be shed [out of eyes] like pounding showers on the scorching deserts of wounded and abandoned hearts

so that they will revive again due to infinite forgiveness of God's mercy.

These words mention the forgotten truth, they are invisible ropes [to heal] the injured bodies and tired and agonized hands and legs, which have suffered from destructive and deterrent forces. These ropes are not designed to put men in captivity but to help them pass the hard abyss and the narrow passages. These ropes are developed for people who want to feel and hug the sun shine, wind blow, dance of trees, whiteness of snow and sea waves with their hearts. Their hearts are now as pure as the sea, as delicate as spring blossoms, and as drunk as a child with the spirit of life.

This book includes the principles of life and is written to help mankind recapture their stolen essence of life, a gem which has been called "LOVE".

A poem:

All over the world, there exists nothing like LOVE...
There is no sign to find the unmarked beloved,
except LOVE

Since your soul calls for it...You have no way to
comprehend the two worlds, except LOVE

Come and recapture [your gem], because in the future, you can...read and grasp nothing except LOVE.

In your affectionate and loving heart...there exists no discourse except LOVE

Whatever you [the Lord] have done to torture us... was nothing except LOVE

We just seek everywhere to find the sky... there has been no sky except LOVE

We were drunkenly looking for you (drunken due to the Supreme Being's wine)... every building was mortal, except LOVE

Tell us frankly what you want [us to do]... in the world... there is no sound [we can hear nothing] except LOVE.

Shine like the stars and be a life-giving man

Amin Dezhakam

Physics (Advanced degree)

