

Rational Recovery: A Bibliography of the Professional and Lay Literature

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Rational Recovery (RR) was founded in 1986 by Jack Trimpey as a mutual aid alternative to Alcoholics Anonymous. Mutual aid groups hosted under the banner of Rational Recovery were disbanded in the early 1990s, with some RR members reorganizing groups under the banner of SMART Recovery. As a means of promoting further research into the history of recovery mutual aid in the United States posted on this website, we have searched the professional and lay literature to identify studies of RR or reports that would help future researchers explore the history of RR. Additional resource information can be obtained at the following website:

<https://rational.org/index.php?id=1>

William White (November 2015)

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